



Recreation Activities

Pages 2-14

John Lindell Ice Arena

Page 11

Senior Citizens

Pages 15-27

City Information

Pages 28-37

A+ Audit: District Received Top Grade

Page 40

Meet the New SRO for Royal Oak Schools

Page 43

Food Services - Serving Up the Good Stuff

Page 44



New online registration information on page 12.

A COMMUNITY COLLABORATION:



Royal Oak RECREATION



Browse through the variety of programs offered for youth and adults.



TumbleBunnies Gymnastics

www.tumblebunnies.com

Sports Starters (ages 3 - 5)

A fun introduction to individual sports skills. Various balls, bean bags and hula hoops will be used to help your toddlers understand and execute the skills of running, catching, throwing, and kicking. Class emphasis is on participation, effort and FUN! Wear gym shoes and bring a water bottle. Instructor: Leisure Unlimited, Coach Dave (www.leisureunlimited.net)

Wednesday at Salter Community Center

Jan. 17 - Feb. 14, 4:00 - 4:45 pm **YA 2001**

Fee: Res. \$75; Non-Res. \$80 / 5 weeks

Wednesday at Salter Community Center

Feb. 21 - March 20, 4:00 - 4:45 pm **YA 2004**

Fee: Res. \$75; Non-Res. \$80 / 5 weeks

Kiddie Sports and Games (ages 4 - 6)

Introduce your youngsters to a variety of sports including soccer, lacrosse, floor hockey, tee-ball, volleyball, pickleball, kickball, football and a few surprises! We teach sports fundamentals with fun, progressive drills and games. Children improve their individual skills and work at their own pace. Emphasis is on teamwork and effort. Wear gym shoes and bring a water bottle. Instructor: Leisure Unlimited, Coach Dave (www.leisureunlimited.net)

Wednesday at Salter Community Center

Jan. 17 - Feb. 14, 5:00 - 5:55 pm **YA 2002**

Fee: Res. \$75; Non-Res. \$80 / 5 weeks

Wednesday at Salter Community Center

Feb. 21 - March 20, 5:00 - 5:55 pm **YA 2005**

Fee: Res. \$75; Non-Res. \$80 / 5 weeks

Youth Basketball (ages 7-11)

Jump into the fast-paced game of basketball. For the beginning and intermediate player. Using progressive drills and games, players will learn dribbling, passing, positions, shooting techniques, offenses and defenses. Players will scrimmage during class time. Emphasis is on effort, teamwork and sportsmanship. Wear gym shoes and bring a water bottle. Instructor: Leisure Unlimited, Coach Dave (www.leisureunlimited.net)

Wednesday at Salter Community Center

Jan. 17 - Feb. 14, 6:00 - 6:55 pm **YA 2003**

Fee: Res. \$75; Non-Res. \$80 / 5 weeks

Wednesday at Salter Community Center

Feb. 21 - March 20, 6:00 - 6:55 pm **YA 2006**

Fee: Res. \$75; Non-Res. \$80 / 5 weeks

Karate / Parkour

Our Karate class teaches martial art skills & drills in a fun way to help children learn the wonderful world of karate. Life skills such as respect, self-discipline, focus, listening & kindness are also emphasized. An increase in agility, coordination & strength are only some of the benefits of having your child be a Ninja Bunny. Each week is filled with a variety of activities & various props to keep each class unique, fresh & fun.

Fridays, Jan. 19 - March 8 at Salter Community Center

Fee: \$133 / 8 weeks

3-5 year olds, 4:00 - 4:30pm **YA3004**

6-8 year olds, 4:35 - 5:05pm **YA3005**



Itty Bitty Bunny ages 18 months - 2 years

This fun, energetic class has **parents working with their child** that is filled with a variety of activities such as gymnastics focused warm-ups, movement to music, many activities on a ton of equipment such as octagons, wedge mats, trampoline, bars and much more. Comfortable clothing is all that's required. Minimum of 8 students.

Tuesdays at Salter Community Center

Jan. 16 - March 26, 9:30 - 10:00 am **YA3009**

Fee: \$150 / 10 weeks *No class Feb. 27*

Saturdays at Salter Community Center

Jan. 20 - March 23, 9:30 - 10:00 am **YA3001**

Fee: \$150 / 10 weeks

TumbleBunnies Gymnastics ages 3 and older

Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampoline, vault, octagons, wedge mats and so much more. Our classes are fun, fast moving and challenging. Our enthusiastic instructors will make each child feel special and encourage them to do their very best. Each session is non-repetitive throughout the session and filled with all new skills and drills. Comfortable clothing is all that is required. Minimum of 8 students per session.

Tuesdays, Jan. 16 - March 26 at Salter Community Center

Fee: \$150 / 10 weeks *No class Feb. 27*

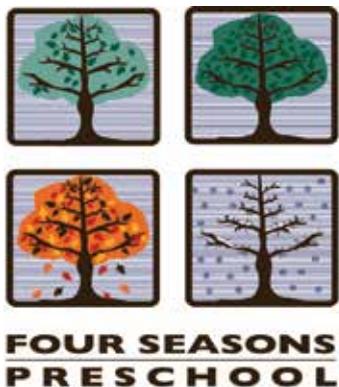
Bizzy Bunnies, 3 - 5 year olds, 10:05 - 10:35 am **YA3010**

Saturdays, Jan. 20 - March 23 at Salter Community Center

Fee: \$150 / 10 weeks

Bizzy Bunnies, 3 - 4 year olds, 10:05 - 10:35 am **YA3002**

Happy Hoppers, 5 - 7 year olds, 10:40 - 11:10 am **YA3003**



Four Seasons Preschool takes the natural curiosity and joy of learning all children have and provides a safe and caring environment for them to grow. Our program is for children ages 3 through 5 years.

Our program offers the following:

- **Story Time**
- **Physical Education**
- **Music**
- **Hands-on activities that promote pre-reading, pre-math, thinking and reasoning skills, and language development.**
- **Science**
- **Art**
- **Free Play Time**

We are currently full for the 2023-2024 school year.

2024-2025 Registration

- We will begin registration for current students following the holiday on Monday, Jan. 8, 2024.
- New student registration will begin Monday, Feb. 5, 2024, at 9:00 am.
- **Online registration only at royaloakrec.recdesk.com**
- There is a non-refundable \$100 deposit fee due at the time of registration.
- To be eligible for registration for the 2024-2025 school year students **MUST** be:
 - 3 years of age by Sept. 1, 2024.
 - Toilet trained

The Four Seasons Preschool is located at the Senior/Community Center, 3500 Marais (1 block north of 13 Mile, 3 blocks east of Crooks).

2024 - 2025 Class Schedule

Morning Classes, 8:30 - 11:00 am

2 Days: Tuesday & Thursday

PRE2024-R3

3 Days: Monday, Wednesday and Friday

PRE2024-R1

Afternoon Class, 12:15 - 2:45 pm

Monday, Tuesday, Wednesday and Thursday

PRE2024-R2

For more information regarding pricing and scheduling, please visit:

www.fourseasonspreschoolonline.com

Four Seasons Preschool is licensed by the State of Michigan





www.livesafeacademy.com

Babysitter Safety (ages 9+) Certified Babysitter/CPR/First Aid and Safe Home Alone

Learn to be safe and responsible. Build confidence. Have a competitive edge over other babysitters. Topics include: First aid, when and how to call 911, CPR with manikin practice, choking, dealing with difficult behaviors, basic care methods like feeding and diapering, marketing and much more! Students will also learn how to be safe and responsible when home alone, including the importance of not giving out personal information and what to do if somebody comes to the door. Students who successfully complete the course requirements will receive a certificate of completion for Certified Babysitter/CPR/First Aid course by Live Safe Academy (valid for two years). To be certified students must participate in the entire course from beginning to end and successfully complete all skills.

Students need a lunch, snacks, and a cell phone (if they own one). Drop off and pick up is in the classroom. Instructor: Live Safe Academy.

Saturday, April 6 at Salter Community Center

9:00 am - 3:00 pm (6 hours) **YA4011**

Fee: Res. \$75 / 1 class

Certified Pet Sitter/CPR/First Aid (Add-on only; ages 9+)

Kids, would you like to learn pet first aid and be a certified Pet Sitter? Increase your competitive edge by being more valuable to families with pets and kids. Increase your market by being certified to watch pets or kids. Learn to care for the pets in your own family. Have fun and help keep animals safe. This is an add on class for students who participate in the Certified Babysitter course on the same day and will begin after the babysitter safety class ends.

Bring extra snacks if staying for this portion. Drop off and pick up is in the classroom. Instructor: Live Safe Academy.

Saturday, April 6 at Salter Community Center

3:00 - 4:00 pm (1 hour) **YA4012**

Fee: Res. \$15 / 1 class

Line Dancing

Welcome to the fun world of DANCING like you see at all the social events. No partner needed, it's terrific exercise for mind, heart and body. Learn to dance to Rock, Country, 50s & 60s and Fun Dances. Bring your friends and join us. Instructor: Jackie Orbals

Session 1

Basic Beginner - Single Dancer

Tuesday, 6:15-7:00 pm

at Salter Community Center

Jan. 16 - Feb. 20 **AE2003**

Fee: Res. \$42; Non-Res. \$47 / 6 weeks

Beginner "Plus" - Single Dancer

Tuesday, 7:00-8:00 pm

at Salter Community Center

Jan. 16 - Feb. 20 **AE2004**

Fee: Res. \$42; Non-Res. \$47 / 6 weeks

Session 2

Basic Beginner - Single Dancer

Tuesday, 6:15-7:00 pm

at Salter Community Center

March 5 - April 9 **AE2007**

Fee: Res. \$42; Non-Res. \$47 / 6 weeks

Beginner "Plus" - Single Dancer

Tuesday, 7:00-8:00 pm

at Salter Community Center

March 5 - April 9 **AE2008**

Fee: Res. \$42; Non-Res. \$47 / 6 weeks



Water Aerobics

You do not need to know how to swim. A challenging aerobics workout that is fun, safe and effective. Increase flexibility, tone and strengthen muscles utilizing the support and massaging effect of the water. Locker room available, bring your lock, towel and suit. Leave your valuables at home. Program fills quickly.

Wednesday at Royal Oak Middle School Pool

Jan. 10 - April 3, 7:00 - 7:55 pm **AF2011**

No class March 27

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

Aqua Zumba

Come and join the Ultimate Pool Party. Have fun exercising, dancing, wiggling, and getting fit to make-you-want-to-move Latin Music! Zumba workout in the water! No dance or Zumba experience necessary. All levels welcome. Bring water shoes, a towel and a smile! No Sweat!

Wednesday at Royal Oak Middle School Pool

Jan. 10 - April 3, 8:00 - 8:55 pm **AF2012**

No class March 27

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

Tai Chi

An ancient Chinese discipline designed to enhance the body, mind and spirit and leave you feeling refreshed. You will gain better muscle tone, improve joint flexibility, and increase circulation. Wear comfortable, loose-fitting clothing. The instructor, Han Hoong Wang, has been teaching for more than 35 years in the United States. She is a certified senior instructor in Traditional Yang Style Tai Chi. She believes the pursuit of knowledge, understanding and excellence in Tai Chi Chuan is a lifelong journey. She has traveled extensively throughout the U.S. and back to China to study with the world's top masters. She welcomes students of all ages to join her class.

Yang Style Tai Chi Traditional Hand Form Beginner 1 (new students)

Class taught by Brian Buchanan,

Certified instructor by Yang Family Tai Chi

Mondays, 6:30-7:30 pm **AF2001**

Jan. 8 - April 1 at Keller School *No class Jan. 15, Feb. 19 & 26, March 25*

Fee: Res. \$72; Non-Res. \$77 / 9 weeks

Yang Style Tai Chi 49 Form (Part 2)

Mondays, 7:30-8:30 pm **AF2002**

Jan. 8 - April 1 at Keller School *No class Jan. 15, Feb. 19 & 26, March 25*

Fee: Res. \$72; Non-Res. \$77 / 9 weeks

Yang Style Push Hand (cont.)

Should know hand form basic.

Mondays, 8:30-9:30 pm **AF2003**

Jan. 8 - April 1 at Keller School *No class Jan. 15, Feb. 19 & 26, March 25*

Fee: Res. \$72; Non-Res. \$77 / 9 weeks

Yang Style Tai Chi Traditional Hand Form Beginner 2 (cont. students)

Ready to move on from the Monday Beginner class?

This class is right for you. Class taught by Brian Buchanan,

Certified instructor by Yang Family Tai Chi

Thursdays, 6:30-7:30 pm **AF2006**

Jan. 11 - March 21 at Keller School

Fee: Res. \$88; Non-Res. \$93 / 11 weeks

Chen Style Laojia Yilu

Thursdays, 7:30-8:30 pm **AF2004**

Jan. 11 - March 21 at Keller School

Fee: Res. \$88; Non-Res. \$93 / 11 weeks

Mulan Fanatic (2 fans)

Thursdays, 8:30-9:30 pm **AF2005**

Jan. 11 - March 21 at Keller School

Fee: Res. \$88; Non-Res. \$93 / 11 weeks

Special Thanks

A special thanks to the Royal Oak School District for the excellent City-School cooperation which allows us to provide numerous activities in school facilities.

Hatha Yoga

Rejuvenate your mind and body. Improve your mental concentration, body alignment, and learn to enjoy deep relaxation. Join our basic Hatha Yoga class. Everyone is welcome regardless of age, flexibility, or fitness level. Postures can be modified to make the practice as gentle or challenging as each individual needs. We practice without competition or judgement. Yoga is especially beneficial for people leading stressful lives as it promotes centering, balance, and relaxation which enhances our quality of life. **Classes are for all skill levels. Beginners are welcome.** Wear comfortable, loose clothing and **bring a mat, blanket and strap.** Do not eat 1½ to 2 hours prior to class. Instructor: Christine Walbridge.

Wednesday at Senior/Community Center

Jan. 10 - April 3, 5:40 - 6:55 pm **AF2007**

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Feb. 21

Thursday at Senior/Community Center

Jan. 11 - April 4, 7:00 - 8:15 pm **AF2010**

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Feb. 22



Tactical Self-Defense "TSD"

In today's increasingly violent world, the ability to defend yourself is critical. Men, women, and teens need time proven self protection skills now more than ever. Our unique program will teach you those skills quickly, effectively, and safely while learning about important elements such as awareness and strategy – all while having a ton of fun. You will learn how to deal decisively with any form of assault, grabs, punches, kicks, lock, or even armed attackers. The self-defense and martial arts skills you will learn at Tactical Self Defense are based on ancient techniques, designed and taught for a modern world. We know each individual is just that, and individual with different strengths and weaknesses. Martial arts is not a team sport, the only person that you are competing with is yourself. Students come to us from age 15 to 70. Some students are in shape while others are overweight. Some come for self defense, fitness, and others for pure fun. Each person is treated as an equal and is trained to the best of their own ability and potential. At Tactical Self-Defense, our instructors are there to guide, instruct, and motivate you to be the best you can be. Instructor Dean Hadin has over 31 years of training in traditional and contemporary martial arts. He has taught students of all ages from Police Officers, to business executives, to youth groups – for the past decade in the Metro Detroit Area.



Wednesday at Salter Community Center

Jan. 17 - Feb. 21, 7:30 - 8:45 pm **AF2401**

Fee: Res. \$54; Non-Res. \$59 / 6 weeks

Wednesday at Salter Community Center

Feb. 28 - April 3, 7:30 - 8:45 pm **AF2402**

Fee: Res. \$54; Non-Res. \$59 / 6 weeks



Low-Impact Workout **Great for Beginners!**

Need to restart your exercise program? Perform simple low-impact, joint-friendly moves to burn calories, condition your body, and improve balance and functional fitness. Get a motivating workout to music without complicated choreography. Bring a mat for floor work (chairs are available for modified floor work) and water. Light hand weights are optional.

Thursday, 6:20 - 7:20 pm Instructor: Angie M

Jan. 11 - March 28 at M/M Senior/Community Center **FF2002**

No class Feb. 22

Fee: Res. \$77; Non-Res. \$82 / 11 weeks

20/20/20 Fit Mix

Burn calories in this heart-healthy combo toning class that includes the essential components of fitness: cardio, strength, core, and flexibility. Cardio portion includes warm-up, aerobic drills, and fun combos – with options to keep it low, take it higher or somewhere in-between. Hand weights are used during strength segment, followed by core work and a series of controlled, static stretches to enhance range of motion and release stress. Bring a mat, hand weights, dynaband (optional) and water.

Monday, 5:50-6:50 pm Instructor: Karen B

Jan. 8 - March 25 at M/M Senior/Community Center **FF2005**

No class Jan. 15, Feb. 26

Fee: Res. \$70; Non-Res. \$75 / 10 weeks

Wednesday, 5:50-6:50 pm Instructor: Karen B

Jan. 10 - March 27 at M/M Senior/Community Center **FF2006**

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

Boot Camp Body Blast **It's Back – Register early!**

Raise the bar and challenge yourself to achieve a new level of physical fitness! This is the ultimate fat-burning class combining all your favorites – kickboxing, drills, calisthenics, free weights, bands, plyometrics – in a variety of exercises. This full-body cross-training workout is designed to improve cardiovascular and muscular fitness. Modifications are given for various fitness levels. Bring hand weights, dynaband, mat, towel, and lots of water.

Monday, 7:00-8:00 pm Instructor: Kendell M

Jan. 8 - March 25 at M/M Senior/Community Center

No class Jan. 15, Feb. 19 & 26

Fee: Res. \$63; Non-Res. \$68 / 9 weeks **FF2025**

Stretch Relief **NEW – Mini Session!**

Stretching and flexibility are the focus of this class. After warming up with a series of simple functional movements, you will enhance range of motion, increase circulation, and release stress through a variety (standing/seated/on floor) of head-to-toe controlled concentrated stretches. Using proper form and breath awareness, you will feel more limber, clear-headed and relaxed. Bring a mat, and wear loose, comfortable clothing.

Thursday, 7:30-8:30 pm Instructor: Karen B

Jan. 11 - Feb. 15 at M/M Senior/Community Center

Fee: Res. \$42; Non-Res. \$47 / 6 weeks **FF2023**

Yoga Basics +

This class consists of a flowing series of movements connected to the breath. Each session begins with a centering meditation, continues with warm-ups, and moves into a flow of poses designed to improve balance, strength, and flexibility. Every practice ends in a resting meditation, leaving students with a sense of overall well-being. This class is a step up from basics but isn't quite intermediate, so while some experience may be helpful, modifications will be offered. Dress in layers and bring a mat and any straps, blocks or blankets that may help facilitate your practice.

Tuesday, 7:30 - 8:30 pm Instructor: Dawn Y, RYT-500

Jan. 9 - March 26 at M/M Senior/Community Center **FF 2021**

No class Feb. 27

Fee: Res. \$77; Non-Res. \$82 / 11 weeks

Mat Pilates

Pilates, a non-impact deep muscle conditioning method, strengthens the body's "powerhouse" – the abdominal, gluteal, and back muscles – by redressing unbalances and altering movement patterns. This mat-intensive workout enhances posture, flexibility, endurance, and balance while toning and firming your core and can be modified from gentle to challenging, depending on fitness level and goals. Bring a mat and light weights.

Monday, 6:20-7:20 pm Instructor: Ginger V

Jan. 8 - March 25 at Salter Community Center **FF2013**

No class Jan. 15

Fee: Res. \$77; Non-Res. \$82 / 11 weeks

Wednesday, 6:20-7:20 pm Instructor: Tammy R

Jan. 10 - March 27 at Salter Community Center **FF2014**

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

Total Body Conditioning

Build muscle strength and endurance and burn more calories for safe, fast results with this full body training set to energetic music. Whether you are a beginner with new fitness goals or an experienced exerciser looking for a cross-training body toning workout, this fun class is for you. The cardio warm-up leads into weight training geared to sculpt and strengthen muscles, ending with a series of refreshing stretches. Bring a mat, hand weights, towel, and water.

Tuesday, 6:20-7:20 pm Instructor: Angie M

Jan. 9 - March 26 at M/M Senior/Community Center **FF 2010**

No class Feb. 27

Fee: Res. \$77; Non-Res. \$82 / 11 weeks

Saturday, 8:45-9:45 am Instructor: Angie M

Jan. 13 - March 23 at Salter Community Center **FF 2012**

No class Feb. 24

Fee: Res. \$70; Non-Res. \$75 / 10 weeks

PLEASE REGISTER EARLY

to ensure your spot in class. Any classes not meeting minimum enrollment requirements three business days prior to start date may be subject to cancellation.

IF class meets enrollment requirement to run, drop-ins are allowed for \$10 fee.

Fired and Fused

Join us for a fun experience working with fused glass! In this workshop you will be introduced to the art of Fused Glass and glass cutting techniques. You will be instructed on how to arrange and stack colorful pieces of glass on a base piece of compatible glass to create your own design. Come prepared with a design in mind or get inspiration from one of our samples. Pieces will be fused and slumped in a kiln and will be ready for pick-up approximately two weeks after the class. No experience necessary! All tools and materials will be provided.

Instructor: Helen Agius-Andreae, Fired and Fused

Workshop Dates:

Suncatcher or Night-light

Thursday, Jan. 11 at M/M Community Center

12:30 - 3:00 pm AE2010

Fee: Res. \$55; Non-Res. \$60

Dish, Bowl or Votive Holder (6" or 4" x 8")

Thursday, Feb. 22 at M/M Community Center

12:30 - 3:00 pm AE2012

Fee: Res. \$75; Non-Res. \$80

Charcuterie Board (8" x 12")

Thursday, Mar. 14 at M/M Community Center

12:30 - 3:00 pm AE2014

Fee: Res. \$120; Non-Res. \$125



Cooking

Italian Three-Cheese Ravioli and Tortellini

Tuesday, Jan. 30, 6:00 - 8:00 pm at M/M Community Center

Fee: \$35 AE2011

Learn how easy it is to prepare these much-loved Italian foods all from scratch! First, you'll work on your own and prepare delicious, foolproof pasta dough along with your choice of three different, flavorful fillings (3-cheese, spinach-cheese, or mushroom-cheese). Then you'll create dozens and dozens of yummy ravioli and tortellini! Email supplylist@gmail.com or call (586) 256-8144 for a list of supplies to bring.

Perfect Pierogies

Tuesday, Feb. 13, 6:00-8:30 pm at M/M Community Center

Fee: \$35 AE2013

Come spend a relaxing evening where you'll work on your own and prepare about 2 dozen fresh pierogi overstuffed with your favorite fillings - all from scratch! You'll never buy grocery brand pierogi again! Email supplylist@gmail.com or call (586) 256-8144 for a list of supplies to bring.

Savory Michigan Pasties

Tuesday, March 5, 6:00-8:30 pm at M/M Community Center

Fee: \$35 AE2015

In this fun class you'll work on your own and make six scrumptious pasties all from scratch! You'll prepare tender, buttery pastry dough and filling made with lots of freshly cut veggies, and savory seasoned beef, chicken, or turkey! Email supplylist@gmail.com or call (586) 256-8144 for a list of supplies to bring.

Water Color Painting

Beginning through Experienced Students

Noted Michigan artist, Karen Halpern, will teach lessons each week, in which you paint a variety of subjects. These lessons will provide fundamentals and stretch your abilities. Color mixing, color theory, design and painting techniques, will guide you as you develop your art. Students work at their own level of ability, in a supportive setting. Ask for supply list when you register.

Monday, 1:30 - 3:30 pm at Senior/Community Center (Room 3)

Jan. 22 - March 18 AE2006

Fee: Res. \$136; Non-Res. \$141 / 9 weeks

Who to Contact

John Lindell Ice Arena.....248-246-3950
 Swimming.....248-435-8500 ext. 1148
 Metro Detroit Youth Clubs – Jack & Patti Salter Club248-544-4166
 RO Sandlot League www.royaloaksandlot.com
 Royal Oak Football Club (Youth Soccer).....www.royaloakfc.com
 Royal Oak Titans (Youth Football).....www.royaloaktitans.org
 Royal Oak Hockey.....www.royaloakhockeyclub.com

Toys for Tots Royal Oak Cornhole Tournament

Saturday, December 9, 2023

Check-in starts at 9:00 am • Tournament starts at 10:00 am
 Salter Center (Indoors) – 1545 E. Lincoln Royal Oak, MI 48067

- All participants must preregister online at royaloakrec.recdesk.com
- \$20 per team or teams can bring a gift with a similar value to donate to "Toys for Tots" as their entry fee.
- On the day of the event, check-in starts at 9:00 am.
- Maximum of 16 teams; three games guaranteed
- The tournament will start with two seeding games that will be randomly matched up by an official. During the seeding games, teams will try and score the most points as possible.
- A single elimination tournament will follow the seeding games. During the tournament, teams will have to hit the target score of 21 exactly. If they exceed this amount, they will have to drop back down to 15 and attempt to reach the target score again.
- Winners will be the last team standing after the conclusion of the tournament and the championship game. Awards will be given to the winner!

Adult Softball Leagues

We will offer the following leagues this season. Division III is ASA rated "D Recreational".

League Offerings

Coed

Monday	Coed Division III
Tuesday	Coed Division II
Wednesday	Coed Division III
Thursday	Coed Division III

Men's

Tuesday	Men's Division II
Wednesday	Men's Division III



Registration Dates

February 5 - March 1

Returning team entry fee is due.

March 4 - April 5 or until leagues sellout

Open registration.

April 15

Beginning April 15, Manager's Packets will be available for pick up at the Royal Oak Department of Public Services, 1600 N. Campbell Rd. (east side of Campbell, just south of 12 Mile), 8:30 am - 5:00 pm.

Week of April 22

All Leagues begin

Entry Fee

\$600, includes 12-game season, playoff tournament for top four teams (single elimination), ASA Registration, and awards for Season Champs and Playoff Champs.

Umpire Fee

\$17 per game per team (paid at site)

Fields/Times

Worden #1	6:10 pm, 7:20 pm
Worden #2	6:10 pm, 7:20 pm
Worden #4	6:10 pm, 7:20 pm, 8:30 pm
Worden #5	6:10 pm, 7:20 pm, 8:30 pm

Call 248-246-3180 for registration packet.

Non-resident teams are welcome to participate.

Register online at royaloakrec.recdesk.com

Women's Volleyball League

League Offerings:

Women's A-Open: Tuesday nights
 Women's B Division: Thursday nights

Registration Dates:

December 1 – December 15

Returning team entry fee is due.

December 18 – December 29

Open Registration

Week of January 8

All Leagues Begin

Entry Fee

\$325 (Includes 12-game season, playoff tournament for top 4 teams (single elimination), awards for Season Champs and Playoff Champs.)

Official Fees

\$15 per game per team (paid at the site)

Game Times

6:30, 7:30, 8:30 & 9:30 at Salter Community Center

Schedules will be emailed by January 4.

Non-resident teams are welcome to participate.

Register online at royaloakrec.recdesk.com



Registration

Register online, by mail, or fax (see pages 12-13)

Online registration: royaloakrec.recdesk.com

Our Department receives federal funds from the US Department of the Interior. Accordingly, all activities must be operated free from discrimination, on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against or who would like further information regarding the prohibition of discrimination should write to:

Director, Equal Opportunity Program
 National Parks Service
 PO Box 37127
 Washington DC 20013-7127

Activity Cancellation

Due to bad weather – 248-246-3187

When Royal Oak Schools are closed, Recreation Department classes held in school facilities are cancelled.

Register for Recreational Spring Soccer!



Royal Oak Football Club offers programs for all ages and skill levels from preschool to seniors in high school.

- ROFC focuses on fun teamwork and developing a player’s skills
- The Spring season runs from early April to early June
- Teams practice weekly (as determined by coaches) and play 10 games during the season
- ROFC offers summer camps, a 3 v 3 tournament, futsal and fun club-wide events

As a community-based, not-for-profit organization, ROFC recreational offers an affordable program for children to learn and play soccer.

**Register online.
Hurry, teams fill up quickly!**

**For more information and to register, visit
www.royaloakfc.com**



Royal Oak Sandlot League 2024 Baseball & Softball Registration

ROSL is a volunteer run non-profit program that begins practicing in May, with games starting in early June and the season running until the end of July. Children are placed in leagues according to their age as of May 1, 2024:

Baseball

Age 4 Beginning T-Ball
 Ages 5-7 T-Ball
 Ages 7-8 Control Pitch
 Ages 9-11 Freehan
 Ages 12-13 Kaline
 Ages 14-17 Harwell

Fast Pitch Softball

Ages 9-11 Freshman
 14U (12-14) Junior
 18U (14-18) Senior

Registration:

Online: We will be accepting registrations **online** through our website listed below. Payment must be by credit card. Registration is open at www.royaloaksandlot.com.

Information required to complete registration:

- **ALL** participants must provide legal proof of birth date (birth certificate, baptismal record, passport)

League openings are filled on a first-come, first-served basis. Placement on a team is not guaranteed and is subject to available openings in the League.

**Please check website for fees and registration information:
www.royaloaksandlot.com**

Register Early!



Royal Oak Nature Society

Protecting Our Nature Parks and Educating the Community

The Royal Oak Nature Society is a volunteer group working with the city to maintain and improve Royal Oak's two nature preserves, Cummingston Park and Tenhave Woods. Dogs are not allowed inside either Tenhave Woods or Cummingston Park. The Nature Society is also developing the Fred A. Erb Arboretum behind the Senior Center. If you are interested in joining the conservation effort or just need more information, please phone us at 248-246-3380 and leave a message, email us at naturesociety@romi.gov, mail us at: Royal Oak Nature Society, 1600 N. Campbell Rd, Royal Oak, 48067 or check out our website at www.romi.gov/nature. You can also find us on Facebook. Check www.romi.gov/411/Nature-Walks for park trail maps, park locations, plus where to meet for nature walks and park programs.



Speaker Programs

At our free speaker programs, we present speaker programs that are usually Power Point presentations focusing on various natural history topics. If you watch nature programs on PBS or the Discovery Channel, this is better because you can talk with the speakers afterwards and ask questions. Registration is not required for these programs.

The following programs will take place at the Royal Oak Historical Museum located at 1411 Webster Rd. at 7:00 pm:

DATE	TOPIC
Jan. 11 (Thur)	25 Common Ferns in Michigan
Feb. 8 (Thur)	Giant Trees: Sequoia & Kings Canyon

Friends of Fungi

Friends of Fungi is a group that promotes the understanding of, and an appreciation for, fungi in general and those fungi found in Tenhave, Cummingston, and other local urban woods. Mary Fredricks heads this group. The group normally meets on the 2nd Wednesday of the month in November, January, February, and March at the Royal Oak Senior Center located at 3500 Marais. Currently, there are no meetings planned.

Royal Oak Symphony Orchestra

Celebrating its 28th season, the orchestra is a cultural offering to Royal Oak and our neighboring communities. Formed specifically for area musicians who desire to continue making music a life-long avocation, the orchestra is comprised of adults of all ages and professions. ROSO meets every Wednesday evening from 7:30-9:30 pm at Royal Oak Middle School and performs four concerts each season. For concert ticket information, call 248-549-0262. If interested in joining, click on the "Auditions" tab on the website: www.royaloakorchestra.org.

Concert admission: \$20; Students and Seniors, \$15;
Ages 12 and under free.

Schedule:

Friday, December 8, 2023, 8:00 pm, Royal Oak Middle School
Friday, March 15, 2024, Royal Oak Middle School
Friday, May 10, 2024, Royal Oak Middle School

Nature Walk Schedule

There is normally at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. The walks take place at Cummingston Park, Tenhave Woods and the Fred A. Erb Arboretum. An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology, and human history of the area. There is no cost or registration for our nature walks.

DATE	TIME & PLACE	TOPIC
Dec 3 (Sun)	2:00 pm at Tenhave	Mammals of Tenhave
Jan. 14 (Sun)	2:00 pm at Cummingston	Tree Identification

Nature Society Citizen Scientists

We are looking for people to help us look for Ash Tree saplings in Tenhave Woods on **Sunday, February 11, 2024, beginning at 2:00pm**. No special skills are required. Meet us at the Lexington entrance. It has been 20 years since the Emerald Ash borer killed our ash trees. The question is, are they coming back? There is no cost or registration required.

As other programs/walks are scheduled, they will be announced on our website and Facebook page.

Royal Oak Concert Band

Organized in the mid-1960s, the Royal Oak Concert Band is the oldest community band in southeastern Michigan. The band meets each Monday, 7:00-9:00 pm, September through May, at Royal Oak Middle School. The ROCB is always looking for new members. If you are interested in joining, please visit their website at www.royaloakconcertband.org.

Tickets available at the door or in advance at www.royaloakconcertband.org.

Concert admission: \$12; Seniors and students, \$10;
Ages 12 and under free.

Schedule:

Sunday, December 10, 3:00 pm, Royal Oak Middle School
Sunday, March 17, 3:00 pm, Royal Oak Middle School
Sunday, May 5, 3:00 pm, Royal Oak Middle School



@RO_Ice_Arena



facebook.com/Lindell.Ice.Arena

1403 Lexington BLVD.

Royal Oak MI 48073

248.246.3950

JOHNLINDELICEARENA.COM

**JOHN LINDELL
ICE ARENA
ROYAL OAK**



LEARN TO SKATE

Where it all begins.

Classes offered all year round. Ages 3 & Up. Introduction to figure skating and hockey.



ADULT HOCKEY LEAGUE

Summer League:

JUNE - MID AUGUST

Fall/Winter League:

SEPTEMBER - MARCH

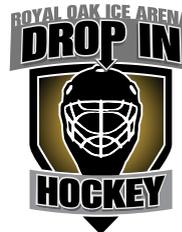
Spring League:

APRIL - JUNE

OPEN SKATE

Skate at your own leisure. Bring friends and family to share the fun. General, adult and preschool sessions offered.

Check johnlindellicearena.com for days and times.



DROP IN HOCKEY

18 and up-full equipment come in a play a competitive game of hockey with fellow adult skaters.

STICKS & PUCKS

Open to all ages. full equipment required



- Lil Eagles Learn to Play – ages 4-10
- 8 & under youth hockey program
- House hockey for all youth age divisions
- Travel A & AA Hockey Squirt –Midget

www.royaloakhockeyclub.com



The **New Edge Figure Skating Club** offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.

www.newedgefsc.org



ADULT WOMEN'S LEAGUE

for Beginners to Intermediate Ability
Starts Late September & runs on
Tuesday nights.

Individual Registration – Jersey included



Instructional experience that improves skills, knowledge of the game, and overall self-confidence as it relates to the game through a positive learning experience.

TO VIEW CAMPS OFFERED: www.suburbanhockey.com

For more information on any of these programs, please visit

JOHNLINDELICEARENA.COM

Registration Information

How to Register for Programs and Classes

Registration begins on November 20 for in-person, mail, fax and online submissions.

Mail-In Registration

You may send a completed registration form (or reasonable facsimile) with payment to:

**Royal Oak Recreation
PO Box 64
Royal Oak, MI 48068-0064**

Do not send cash. Make checks payable to **Royal Oak Recreation**. Use separate checks for different classes in case one of your desired classes is filled. **Returned check fee is \$35.** To receive a receipt, please include your e-mail address.

Fax Registration

Fax registrations are accepted 24/7 at **248-246-3007**. Fax payment by credit card only – please include credit card number, security code, expiration date, and your signature on registration form. To receive a receipt, please include your e-mail address.

In-Person Registration

Walk-in registrations are accepted at the Recreation Office Monday through Friday, 8:30 am to 5:00 pm. The Recreation Office is located at the Dept. of Public Service, 1600 N Campbell Road, Royal Oak MI 48067. We accept payment in person by cash, check, Visa, M/C or Discover.

Refunds

Refunds will be granted up to one week prior to the start of a class or camp, less a \$5 service fee. Refunds will be granted after the first week of class less a \$10 service fee. **NO REFUNDS WILL BE GRANTED AFTER THE SECOND WEEK OF CLASS. NO REFUNDS ONCE A CAMP HAS STARTED.** No refunds on one-day classes. Allow 3 weeks for refund check. Fees charged on credit cards must be credited back to your credit card, **LESS SERVICE FEES INDICATED.**

NOTE: Children should not accompany their parents to classes designated for adult participants only.

Senior Center classes are open to adults of all ages who are available for daytime activities. No membership fee or residency requirement.

How to Register for Recreation Programs Online

royaloakrec.recdesk.com

For additional information, click on “Help” on the home page.

Open Online Registration Begins November 20

General Guidelines

Royal Oak Recreation has moved software systems as of August 1st. All household account information was not transferred in this move. Therefore, you will need to create a new account under the “create account” tab on our home page. We are very excited to offer this user-friendly interface to you going forward!

If you have never registered for a class with Royal Oak Recreation, you will need to “create account” through the website listed above.

How to Register for Senior Programs Online:

Please visit **myactivecenter.com/#centers** for more information. You cannot register for classes as a guest.

Low Enrollment

Royal Oak Recreation and the Senior Center reserves the right to cancel classes due to low enrollment. Full refunds will be given if a class/camp is cancelled by Royal Oak Recreation. Please register early so we don't cancel your class!

Insufficient Funds

There will be a \$35 Returned Check Charge to all accounts for checks that are returned by the bank.

Royal Oak Recreation 248-246-3180

8:30 am to 5:00 pm, Monday - Friday

Royal Oak Senior Center 248-246-3900

9:00 am to 4:30 pm, Monday - Friday

Registration for all Extended Trips should be done in person at the Mahany/Meininger Senior Community Center, 3500 Marais.

Registration Information

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____

Payment Method: Check Cash



Visa/Discover # _____ 3-digit Security Code _____

Mastercard # _____ 3-digit Security Code _____

Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

(If youth, parent or guardian must sign)

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____

Payment Method: Check Cash



Visa/Discover # _____ 3-digit Security Code _____

Mastercard # _____ 3-digit Security Code _____

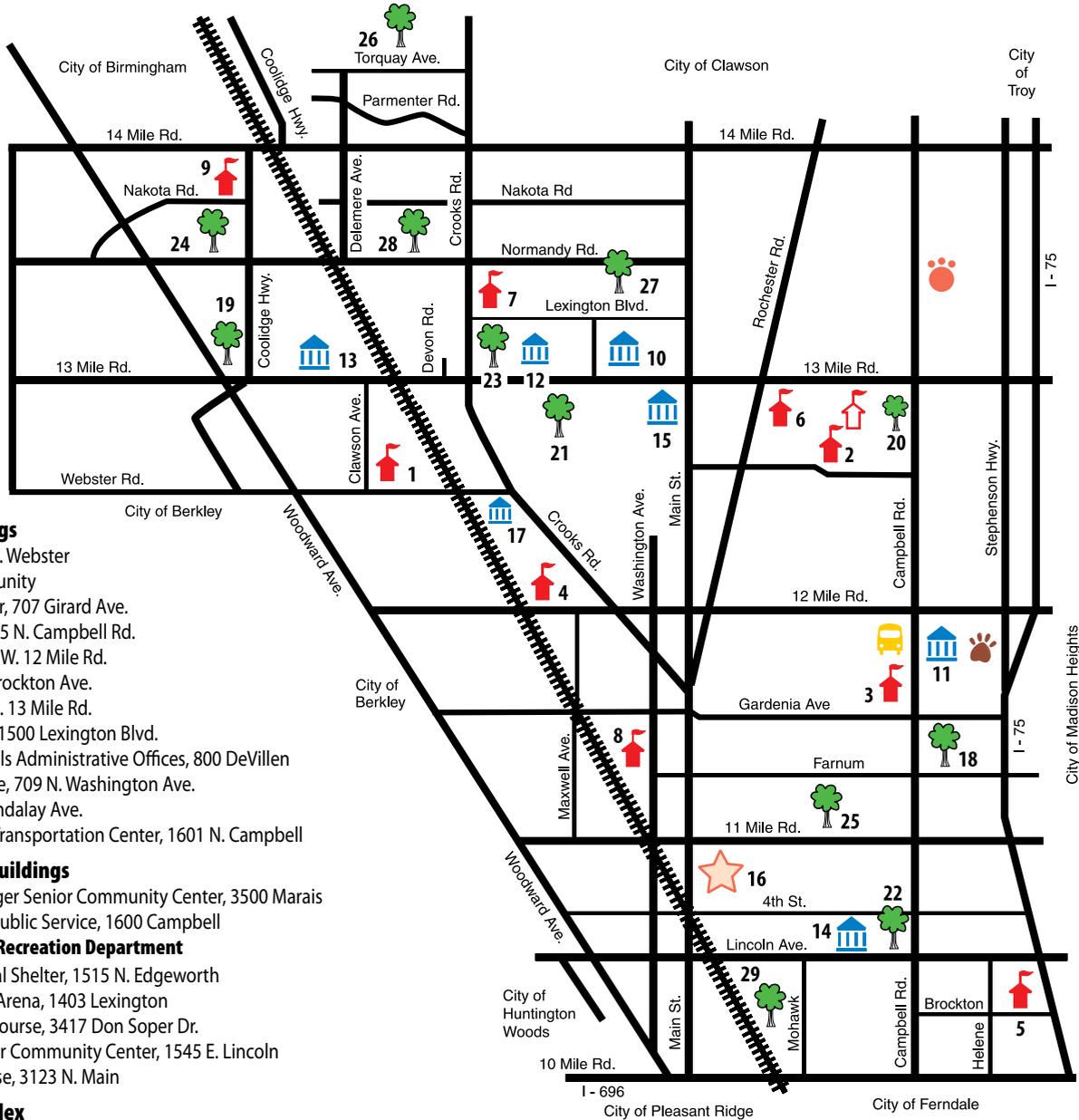
Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

City of Royal Oak



-  **School Buildings**
- 1 Addams, 2222 W. Webster
- 2 Churchill Community Education Center, 707 Girard Ave.
- 3 Helen Keller, 1505 N. Campbell Rd.
- 4 Northwood, 926 W. 12 Mile Rd.
- 5 Oakland, 2415 Brockton Ave.
- 6 Oak Ridge, 506 E. 13 Mile Rd.
- 7 Royal Oak High, 1500 Lexington Blvd.
-  Royal Oak Schools Administrative Offices, 800 DeVillan
- 8 Royal Oak Middle, 709 N. Washington Ave.
- 9 Upton, 4400 Mandalay Ave.
-  Maintenance & Transportation Center, 1601 N. Campbell
-  **Government Buildings**
- 10 Mahany/Meininger Senior Community Center, 3500 Marais
- 11 Department of Public Service, 1600 Campbell
- Location of the Recreation Department**
-  Royal Oak Animal Shelter, 1515 N. Edgeworth
- 12 John Lindell Ice Arena, 1403 Lexington
- 13 Royal Oak Golf Course, 3417 Don Soper Dr.
- 14 Jack & Patti Salter Community Center, 1545 E. Lincoln
- 15 Orson Starr House, 3123 N. Main

-  **City Hall Complex**
- 16 City Hall, 203 S. Troy St.
Centennial Commons
Public Library, 222 E. 11 Mile
Police Department, 450 E. 11 Mile
44th District Court, 400 E. 11 Mile
Farmers Market, 316 E. 11 Mile
- 17 Royal Oak Historical Society Museum, 1411 W. Webster

-  **Parks**
- 18 Kenwood Park, Kenwood & Forest
- 19 Memorial Park, Woodward & 13 Mile
- 20 Red Run Park, Girard & Vermont
- 21 Starr/Jaycee Park, 13 Mile & Marais
- 22 VFW Park, Campbell & E. Lincoln
- 23 Worden Park, Lexington & Crooks
- 24 Upton Park, Nakota at Mandalay
- 25 Whittier Park, E. Farnum & N. Alexander
- 26 Cummington Nature, Torquay & Leafdale

Picnic Shelter Rental

Picnic shelters are available for rent at Starr Jaycee, VFW, Memorial, Lawson, and Normandy Oaks Parks. Royal Oak residents and businesses may secure rental permits beginning January 2 through March 28 for the 2024 season. Non-residents may apply beginning April 1.

Please call 248-246-3180 for rental rates and availability. Rentals can be processed online at www.royalokrec.com.

- 27 Quickstad Park, Tenhave Woods, between Normandy & Lexington east of Crooks
- 28 Normandy Oaks Park, Delemere & Nakota
- 29 Lawson Park, Irving & Parent
-  Mark Twain Dog Park, Campbell, south of 14 Mile Rd

Leo Mahany / Harold Meininger Community Center

3500 Marais, Royal Oak, MI 48073 • (248) 246-3900

www.romi.gov

 [Royal Oak Parks and Recreation page](#)

Jack & Patti Salter Community Center

1545 E. Lincoln, Royal Oak, MI 48067 • (248) 246-3180

We are a team that values integrity, approaching all situations with a positive attitude, and creating an environment of respect, fairness, and empathy.

Code of Conduct

- **Live the Golden Rule**
 - **Embody Honesty**
 - **Act with Patience**
 - **Take Responsibility**
 - **Listen Attentively**
- **Communicate Effectively**
 - **Lead by Example**
 - **Be Proactive**

Live Royal Oak

Drop in either community center Monday through Friday. Our monthly *Times* newsletter is **FREE**. Call to join the mailing list or stop in the center lobby for the most recent copy. Start enjoying opportunities for lifelong education, fitness and leisure activities. The staff is committed to working with and for older adults to develop activities and services that support their efforts to remain healthy, active and independent.

Mission Statement:

The City of Royal Oak offers older adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 62 and over or permanently impaired adults.

The City of Royal Oak's Recreation Department does not discriminate against any program participant or applicant for participation because of actual or perceived race, color, religion, national origin, sex, age, height, weight, condition of pregnancy, marital status, physical or mental limitation, legal source of income, family responsibilities, sexual orientation, gender identity, or HIV status of person, that person's relatives, or that person's associates or for any other reason(s) prohibited by law. The City of Royal Oak will take affirmative action to ensure that all practices are free from such discrimination.

Royal Oak Seniors Resource Center

Stop by the Mahany/ Meininger Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center or on the romi.gov Resource Page, please call Carolyn Marsh at (248) 246-3917 for an application form. The fee to display in house physical brochures and /or digital advertisement is \$150.00 per 12 months.

M/M Community Center Rental Information on page 26.

Special Events and Workshops

December

1	Healthy Holiday Tips – FREE	11:00 am
1	Bingo	12:30 pm
4	Welcome Newcomers	10:30 am
4	Sushi Class	5:30 pm
7	First Thursday M/M Book Club	11:00 am
11	Experiencing Neck Pain L/L	11:30 am
13	Holiday Cookie Decorating Class \$40.00	1:00 pm
15	4th Friday M/M Book Club (special date)	10:00 am
15	Kerry Price FREE	12:30 pm
22	NYE Dance \$17.00	6:00 pm
25-26	CLOSED	

January

1-2	CLOSED	
4	1st Thursday M/M Book Club	11:00 am
5	BINGO	12:30 pm
8	Welcome Newcomers	10:30 am
9	Unravel the Mysteries of Medicare L/L	11:30 am
12	Learning to Navigate the V.A.	10:00 am
15	MLK Day - CLOSED	
16	Stroke Smart FREE Talk	1:00 pm
19	Brainstorm Part 1 FREE	10:00 am
19	Kerry Price \$2.00	12:30 pm
22	Reverse Mortgages L/L	11:30 am
23	Beyond The Smile L/L	11:30 am
26	4th Friday M/M Book Club	10:00 am
26	Brainstorm Part 2 FREE	10:00 am
30	Holistic Health L/L	11:30 am

February

1	1st Thursday M/M Book Club	11:00 am
2	Bingo	12:30 pm
5	Welcome Newcomers	10:30 am
6	Turning 65 Workshop L/L	11:30 am
7	Valentine Cookie Decorating Class \$40.00	1:00 pm
9	Free Health Talk with Refreshments	10:00 am
16	Kerry Price \$2.00	12:30 pm
23	4th Friday M/M Book Club	10:00 am
26	Caring for Loved One with Dementia L/L	11:30 am
27	CLOSED for voting	

March

1	Bingo	12:30 pm
4	Welcome Newcomers	10:30 am
5	Peace of Mind L/L	11:30 am
7	1st Thursday M/M Book Club	11:00 am
8	CONDOMINIUMS Book Talk FREE	1:00 pm
13	CONDOMINIUMS Book Talk FREE	1:00 pm
15	Kerry Price \$2.00	12:30 pm
22	4th Friday M/M Book Club	10:00 am
22	Coffee and Donuts with Veterans	10:00 am
22	Spring Dinner Dance \$17.00	6:00 pm

Medical Equipment Loan Closet

The Mahany/Meininger Center has walkers, wheelchairs, bath stools, crutches and more available for loan. There is **no charge** to borrow an item – keep them as long as necessary and return clean. Clean, working, durable medical equipment donations are also accepted. Please call ahead prior to bringing in equipment since our storage space is limited.

If you need special accommodations for travel, it is your responsibility to let us know upon registration. Please call or visit Mahany/Meininger Center to register for all trips. Overnight trips do offer rates for single rooms and triple rooms. All prices and travel agent terms and conditions are notated on the trip flyers.

Day Trips

Detroit Symphony Orchestra
CLASSICAL Matinee Concerts 2024
Fridays, 9:15 am - 1:30 pm
All Concerts: \$34 – Main Floor Seats
Registration begins January 3, 2024.

March 1, 2024

Classical Roots, Na'zir McFadden conducts; Steven Banks, saxophone. Billy Childs, *Saxophone Concerto* (co-Commission). Shelley Washington, *New Work* (co-Commission).

April 5, 2024

Debussy and Rachmaninoff; Eric Jacobson conducts, Wu Man, pipa. Featuring Debussy *Prelude to the Afternoon of a Faun*, Du Yun *Pipa Concerto* (co-commission), Rachmaninoff *Symphonic Dances, Op.45*.

June 7, 2024

Beethoven's Fifth Symphony; Jader Bignamini conducts; Sheku Kanneh-Mason, cello; Featuring Perry *A Short Piece for Orchestra*, Weinberg Cello Concerto, Op. 43, Beethoven Symphony No. 5 in C minor.

Detroit Symphony Orchestra
POPS Matinee Concerts 2024
Fridays, 9:15 am - 1:30 pm
All Concerts: \$52 – Main Floor Seats
Registration for begins January 3, 2024.

February 8, 2024 - THURSDAY CONCERT
Lush Life: Duke Ellington & Billy Strayhorn

Na'Zir McFadden conducts, Denzal Sinclair, vocalist. Featuring the most beloved jazz standards of Ellington and Strayhorn musical companions for nearly 30 years.

May 17, 2024

Disco Fever

Enrico Lopez-Yanez conducts; Maiya Sykes and B Slade, vocalists. Featuring an onstage dance off and non-stop hits. It's time to boogie with the best.

June 21, 2024

Disney & Broadway Favorites:
The Magic of Menken

Steven Reineke conductor. Featuring Disney classics, and Broadway hits of the eight-time Academy Award-winner, Alan Menken.



"A Little More Alive" \$42

Wednesday, February 28

1:00 pm - 4:30 pm

In this heartfelt and original folk-pop musical, two estranged brothers reunite at their childhood home after their mother's funeral. An unexpected revelation distorts every memory they have, and as they uncover secrets that have been hiding in plain sight their whole lives, Nate and Jeremy find that no one is exempt from the gray area between right and wrong. Cost includes transportation via ROSC smart bus and show admission. Registration deadline: Jan. 24, 2024

"Native Gardens" Show and Lunch \$74

Wednesday, April 10

11:00 am - 4:30 pm

Pablo, a high-powered lawyer, and doctoral candidate Tania, his very pregnant wife, are realizing the American dream when they purchase a house next door to community stalwarts Virginia and Frank. But a disagreement over a long-standing fence line soon spirals into an all-out war of taste, class and privilege and entitlement. The hilarious results guarantee no one comes out smelling like a rose. Enjoy lunch prior to the show at Alfocchino Restaurant in Auburn Hills. Cost includes transportation via ROSC smart bus, lunch and show admission. Registration deadline: March 6, 2024.



Detroit Institute of Arts Guided Tours \$5

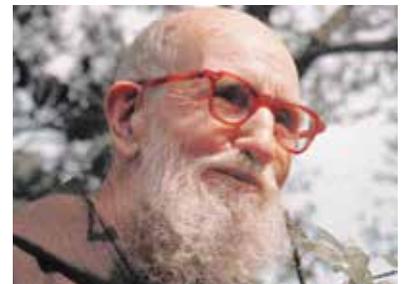
Thursdays, 12:30-3:30 pm

January 11

March 14

May 16

The DIA remains open to visitors, serving as a place for inspiration, calm and respite in challenging times. Our visit is a millage benefit for tri-county (Wayne, Oakland, and Macomb) residents and includes museum admission, bus transportation, a guided tour and a coupon for a free coffee at the Café DIA. 25 person minimum. Sign up deadline two weeks prior to event date.



Solanus Casey Pilgrimage Center \$84

Wednesday, March 20

9:00 am - 4:00 pm

Bianco Tours

Tour the Solanus Casey Center, built in memory of the patient and quiet man that started the Capuchin Soup Kitchen in 1929. Included in this tour: The museum and Garden, a video and time in the Gift Shop, free time to Browse Gallery, and a Healing Blessing. You will also visit On the Rise Bakery, a program of the Capuchin Soup Kitchen. Cost includes transportation via motor coach, tour, and lunch at the Center. Registration deadline: March 6, 2024

More Day Trips on page 17

Day Trips

continued from page 16

**Cornwell's Dinner Theatre – My Way:
A Musical Tribute to Frank Sinatra \$139
Tuesday, March 26**

9:15 am - 6:30 pm Rybicki Tours

Celebrate the unforgettable music that made Frank Sinatra famous with one of the most popular musical revues in musical theatre history! "My Way", the musical, has played to sold-out houses in all 50 states. Enjoy Cornwell's delicious carved turkey luncheon and there will be free time for shopping at Cornwell's gift shop and bakery. Cost includes transportation via motorcoach, lunch and show. Registration deadline: Feb.23, 2024

**Firekeeper's Casino \$60
Thursday, April 18**

8:45 am - 6:15 pm Bianco Tours

Playing with fire is about to get way more fun! With over 2,680 of the latest slot and video poker games, 78 table games and five sizzling restaurants to choose from! Receive a \$25 slot credit and \$5 for food, slot play or gift shop, on a fun-run to our favorite casino! Cost includes transportation via motor coach, \$25 slot credit and \$5 for food, slot play or gift shop. Registration deadline: April 4, 2024

**Holland Tulip Time \$150
Thursday, May 9**

6:45 am – 8:45 pm Bianco Tours
Take in the beauty of the peak Tulip season in Holland Michigan, the city known for its Tulip Gardens. Walk through the Veldheer Tulip Garden where over 5.5 million tulips have been planted. Enjoy lunch at Curragh's Irish Pub and Restaurant, the social hub of Holland. Take some time for shopping in downtown Holland and visit the Wooden Shoe and Delft Factory. Cost includes transportation via a deluxe highway motorcoach, garden tour and lunch. Registration deadline: April 5, 2024



Extended Trips

**Charleston, SC \$1786 pp/dbl
April 7- 12, 2024 Bianco Tours**

Enjoy a scenic drive to Beautiful Charleston S.C, with an overnight stop in Newport TN. You will have a lunch picnic at the Boone Hall plantation, a narrated boat cruise at Fort Sumter, and a horse drawn wagon tour to meet the Ghosts of Charleston. From Charleston you will travel to Beaufort S.C. on Port Royal Island to spend the day. The next day will take you to the Biltmore Estate, America's largest home, where you will have time to explore and enjoy some wine tasting. Many more exciting adventures are included in this trip. 6 days and 5 nights. Cost includes transportation via motorcoach, accommodations, 5 breakfasts, 1 lunch and 4 Dinners. \$50 deposit due at registration; balance due Feb. 23, 2024.



**A Little Bit Country –
Nashville & Louisville \$1858 pp/dbl
April 21 - 25, 2024 Bianco Tours**

Travel south to experience the epicenter of Country Music! Enjoy 3 nights in Nashville, Tennessee and 1 night in Louisville, Kentucky. You will have a guided tour of the Grand Ole Opry House before a live performance, as well as a tour of the Ryman Auditorium, and The Country Music Hall of Fame. Enjoy dinner at Paula Deen's Family Restaurant, and Lunch with a famous Songwriter at The Tin Roof Restaurant. In Louisville You will see some horse racing at Churchill Downs and have dinner on the Belle of Louisville, plus much more! 5 days and 4 nights. Cost Includes Transportation via motorcoach, accommodations, 4 breakfasts, 1 lunch and 3 dinners. \$50 deposit due at registration; balance due March 8, 2024.

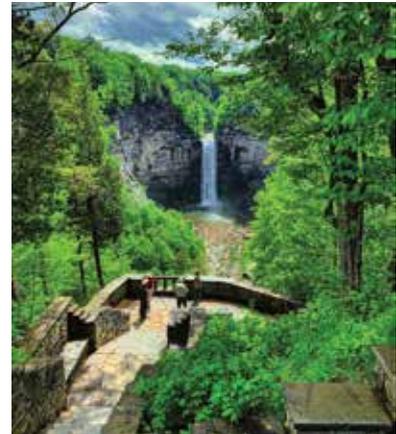


**Four Winds Casino Resort \$304pp/dbl
May 6- 7, 2024 Bianco Tours**

This trip will start off at the Gun Lake Casino in Wayland, MI where you will have time for gambling and lunch before departing for Four Winds Casino (New Buffalo, MI) for an overnight stay. At Four Winds Casino you'll be transformed from the tranquility of Mother Nature to the excitement of Lady Luck with the most action-packed gambling in Michigan. Cost includes: transportation via deluxe motorcoach, overnight accommodations, \$20 dollars in food vouchers and \$35 dollars in slot machine credits and vouchers. \$20 deposit due at registration; balance due March 25, 2024.

**The Finger Lakes Region \$1,499 pp/dbl
June 17-20, 2024 Shoreline Tours**

Explore hidden gems and wineries in the beautiful Finger Lakes Region of New York. Spend 3 nights at the 41 Lakefront Trademark Hotel by Wyndam. The trip includes a 2-day tour of the Finger Lakes, a visit to the Sonnenberg Gardens & Mansion, the stunning Belhurst Castle, a dinner cruise on Canandaigua Lady, and a Coverd Horse-Drawn Wagon tour of the Pennsylvania Grand Canyon. Cost includes: Transportation via Motorcoach, 3-nights accommodations, 3 breakfasts, 3 lunches, 2 dinners and more. \$200 deposit due at registration; balance due April 17, 2024.



Mahany/Meininger Center

Travel is Fun!

Call (248) 246-3900

Welcome Newcomers

1st Monday, 10:30 am
Dec. 4, Jan. 8, Feb. 5, March 4
FREE

Here's your chance to acquaint yourself with the programs and services available at the Mahany/Meininger Senior Community Center. Learn how to register for classes, trips, programs, and meet the staff. **Call ahead to register.** Need a ride from your R.O. home? Call 248-246-3914.

Billiards

50¢ / day drop-in
\$3.00 / month unlimited

Two pool tables are located in the game room at the Mahany/Meininger Senior Community Center. Pool may be played Monday through Friday from 9:00 am to 4:30 pm. *

Join the Pool Party!

Mondays, Wednesdays & Fridays*
1:00 - 4:00 pm
50¢ / day or \$3.00 / month

A great group of regulars want to welcome new members. Stop by and play!

**During the AARP Tax Assistance season, the game room will be closed Mondays and Wednesdays. Please call the Center for details.*

Drop-In Cards

Rubber Bridge
Mondays, 12:15 pm
\$1.00

Drop-in with a partner to play Rubber Bridge. Come early if you have no partner and we will try to pair you up.

Pinochle
Tuesdays, 12:30 pm
\$1.00

Drop-in for Pinochle and meet new friends.

Duplicate Bridge
Wednesdays, 12:15 pm
\$2.00

Drop-in with a partner to play Duplicate Bridge. For more information, visit roduplicatebridge.org.

Euchre
Thursdays, 12:30 - 3:30 pm
\$1.00

Drop-in to join experienced players who like to play Euchre. Play 8 rounds of cards.

Crochet Creations

Thursdays, 12:00 pm
 Join this group for an afternoon of stitching your personal work in progress; pattern discussion; and/or help reading a pattern or learning a new stitch. Beginners are welcome, we will teach you how to crochet. Several times a year, the group jointly creates projects to give back to the community. No fee.

Helping Hands

Tuesdays & Thursdays, 9:30 am
 Do you like to knit or crochet? This group creates beautiful hats, scarves, lap blankets, and afghan blankets and donates them to Beaumont Hospital, local churches, and other charitable organizations in the area. Feel free to drop-in. Beginners up to expert crafters are welcome!

Senior Sew

Tuesdays at 10:00 am
 Come join us for a day of hand quilting, machine piecing quilt tops and socialization. If you're new and just getting started, we are happy to help. Bring sewing machine and your project. Drop-ins welcome. No fee.

Sit 'n Knit
Tuesdays, 1:00 - 3:00 pm

Come join in as we knit and visit! Share work in progress, tips and "show and tell" finished projects. A relaxing visit with others who share your love of knitting or a little knitting help. All knitters welcome, beginners and experienced.

Friday Recreational BINGO!

1st Fridays at 12:30 pm
Dec. 1, Jan. 5, Feb. 2, March 1
Preregister by phone or in person
 Royal Oak Senior Community Center hosts Friday Recreational BINGO. First Card FREE, all additional cards are 25¢ each (MAX 5 extra cards). Format is 5 regular games with prizes and one overall round with a Grand Prize of \$5.00. First Friday Bingo prizes are provided by sponsors. Join us for lots of fun!

Bingo is conducted solely for the amusement and recreation of the ROSC guests. Any and all revenue from Bingo is used towards future Bingo Coverall cash prizes.

Kerry Price Sing-A-Longs

3rd Fridays, 12:30 pm
Nov. 17 - Thanks for November
Dec. 15 - Your Favorite Holiday Songs
FREE concert with beverages and treats!
Jan. 19 - It Was Hot in January (songs hot on the January charts!)
Feb. 16 - Just an Old-Fashioned Love Song
March 15 - Everybody's Irish on St. Patrick's Day

\$2.00 per performance CASH ONLY
 Don't miss these musical programs written and performed by **Kerry Price**, sure to be both entertaining and educational. Ms. Price, a popular vocalist and pianist, has delighted audiences with her one-woman programs since 1976! Admission payable at the door.

Mike Wolverton Band Dinner Dance

Friday, March 22
Doors open 5:30 pm; Band begins 6:00 pm
\$17 per person
Register by January 22
 An evening out with friends, great music, and dancing! Band leader extraordinaire Mike Wolverton has entertained at the M/M Center for numerous decades. Dinner by Chef Doruk and the live 3-man band playing polka, waltz, and ballroom music.

Walt's Hawaiian Luau Square Dinner Dance

Friday, May 17
Doors open 5:30 pm; Walt begins 6:00 pm
\$17 per person
 Hawaiian shirts, sundresses, tropical flowers, grass skirts, and pizza all while listening to Walt Zatorski calling the moves. Beginners are welcome to join, the advanced dancers will teach you slowly. Everyone is invited to join these jubilant dancers. No boots, please.

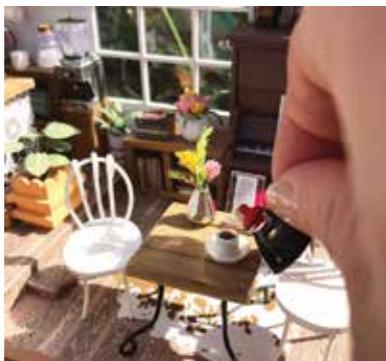
Mah Jongg Drop-In

Tuesdays (Beginner), 1:00 - 3:30 pm
Wednesdays (Experienced), 9:30 am - 12 noon
50¢
 Experienced players may drop in and play on Tuesday afternoons and Wednesday mornings. Players must follow National Mahjongg League rules only.

Wee Bees Mini Makers

1st Mondays, 10:00 am - 1:00 pm
Room 3 FREE

Do you like making miniatures or want to learn more about it? This group meets monthly to make projects that are "doll-house scale" or smaller. Feel free to drop-in to check us out! There may be materials costs or tools needed for some projects. No fee to attend. (If the building is closed for a holiday, we'll meet the following Monday.)



Creative Coloring

1st and 3rd Mondays, 10:30 am
No meetings in January
Feb. 5 & 19; March 4 & 18
\$2.00 materials fee per class

Creative Coloring is at the Royal Oak Senior Center. Explore the coloring craze and make coloring your NEW hobby! Choose from large patterns and designs on professional card stock that will challenge your brain in fine motor movement and detail. Socialize and connect with other color artists in a relaxed atmosphere and create a masterpiece suitable for framing.

South Oakland Art

Association Since 1960
1st Tuesday of each month at
M/M Community Center
6:30 pm - 9:00 pm
\$5.00 fee; Annual dues \$30.00

Artists and art lovers are welcome! Monthly meetings September through June feature speakers, demonstrations, paint-togethers and art-related activities for adults of all ages. Enjoy Artist-of-the-Month Contests and participate in our Annual Member Art Show & Sale. All ages welcome!

For more information, visit
southoaklandart.com
or email roac.carol@gmail.com

Painting – Acrylic

Thursdays, 9:15 - 11:45 am
Jan. 11 - Feb. 29
\$65 / 8 weeks

March 14 - May 2
\$65 / 8 weeks

Explore the exciting art world of acrylic painting with instructor John Rash! Beginners through advanced artists will work in beginning to finishing techniques. A supply list is given at sign-up for those without any of their own supplies. Preregister.

Watercolor Painting

Fridays, 9:15 - 11:45 am
Jan. 12 - March 1
\$65 / 8 weeks

March 15 - May 3
\$57 / 7 weeks

No class March 29

Explore the exciting art world of watercolor painting with instructor John Rash! Beginners through advanced artists will work in wet-on-wet through to finishing with techniques that include dry brush. A supply list is given at sign-up for those without any of their own supplies. Preregister.

Art Show

Center Lobby
Thursday, April 18, 2024
9:15 - 11:30 am

Come and see our very gifted Painting and Watercolor Class students' work! Their talent grows with each year, under the guidance of instructor John Rash. Some of the works will be for sale.



Japanese Sushi Education & Tasting with Takayuki Sakaguchi

Monday, Dec. 4, 5:30 - 7:00 pm
\$42 per class

Learn the proper techniques of sushi making with the former manager of Noble Fish. Taste your works of art as you go and leave with the knowledge to make sushi at home. Open to all ages!

AARP Tax-Aide Program

Seniors 50+ are encouraged to take advantage of our FREE resource, again, this coming tax season. Starting in January 2024, seniors can call 248-246-3900 Monday, Tuesday and Wednesday 9:00 am – Noon to make an appointment. Or you can scan the QR code below to secure a time slot. After setting your appointment, please come to the Senior Center to pick up your packet of directions. This expedites the process and eases the stress for both customer and preparer. A limited number of evening slots will be available.

AARP Tax-Aide volunteers will be at the M/M Center **Mondays and Wednesdays beginning February 7, 2024**. Taxpayers will set an appointment, then a small packet with directions will be picked up at our center to direct them how to organize their paperwork. This expedites the process and eases stress of both the customer and volunteer tax preparer.

Scan the QR code below to schedule your appointment!



AARP Needs Your Help!

AARP Tax - Aide is looking for volunteers! If you'd like to provide tax assistance, we will train you and set you up with all the equipment you'll need. Not interested in preparing tax returns. We also have a need for greeters, document shufflers, appointment reminder calls and answering telephone calls. If interested, please contact Robert Sneed by phone 313-938-0299 or email rsneed@bsneedhomes.com.

Foot Doctor

2nd Friday, 9:00 - 10:45 am

Dr. Adas will see patients at the Senior Center for your convenience. Most services will be covered by insurance. Call Dr. Adas' office directly at **248-478-6870** and tell them you want an appointment at the Royal Oak Senior Community Center. **Please note new day of week starting January 2024.**

Computer Club

2nd & 4th Wednesdays, 12:30 pm

Calling all beginner to experienced computer and tech enthusiasts. All levels are welcome to join our growing club; no membership required, drop in anytime! Guest speakers discuss various tech topics covering computers, cell phones, tablets, smart TVs, etc. There is always time for questions and answers so bring your tech questions. Check the *Times* Newsletter for topics and speakers. Donations accepted.

Ask the Computer Lady!

Tuesdays

11:00 am - 12:00 pm

12:15 - 1:15 pm

1:30 - 2:30 pm

\$35 / 60 minutes

Have your questions ready for Marta and be ready for an informative one-on-one session. Bring your laptop or Kindle, your Mac, Tablet, Android or iPhone, and learn how to check your email or make sure your security is up to date. Call ahead to register and pay: 248-246-3900.

Massage Therapy

By appointment only

30-minute massage \$35

60-minute massage \$60

Licensed massage therapist Heidi offers Swedish massage, stretching and relaxation techniques which help alleviate muscle tension, stress and nerve pain. Massage also improves circulation, promotes well-being and increases overall energy.

Heidi tentatively returns in January 2024. We can begin booking appointments in December. Book early; first come, first served. Call 248-246-3900 to book a time slot.

Kiosk Key Tag

If you are new to Mahany/Meininger Community Center, stop by our front desk and pick up your personalized "Kiosk Key Tag". This new, interactive software program allows our customers to Kiosk / Swipe into what activities they are participating in and would like to attend. **FREE** to sign-up!

The "My Senior Center" software allows us to keep accurate numbers on programs and activities. By swiping in with your new "Kiosk Key Tag", we can continue to provide you with the low-cost, unique programming we love to offer.

Mahany/Meininger Center Presents

Holiday Cookie Decorating Class

Wednesday, December 13, 1:00 pm \$40.00

Brought to you by Principal Baker, Ms. Patricia Davis of the award-winning Cookie Cool Cookie Company accompanied by her Elf Helper(s)!

In the spirit of this wonderful season, you and your friends are invited to join in some Holiday Fun for everyone with music, games, prizes and of course Cookie Decorating! This class will demonstrate and focus on decorating Holiday-themed Cutout Sugar Cookies (2), Gingerbread Cutout Cookies (2) and ready-to-hang Christmas Ornament Cookies (3).

Everything for class is provided: cookies, decorating materials, royal icing, and packaging. As a special gift, you will receive miniature blank Christmas greeting cards for the beautiful cookies you decorate. An edible work of art, which can be given as very personal and thoughtful Holiday Greetings from You!

Must RSVP by Dec 5; call 248-246-3900..

Take home Cookie Kits will also be available for purchase with pre-paid registration, ready for you to take home and practice your new decorating skills on the day of your class. Ask for a package of take-home cookie kits at the time of registration.

Take Home Cookie Kits by Patricia

\$35.00 per kit Must register and pre-pay by December 5

Can't attend the Holiday Cookie Decorating Class? Pre-ordered Christmas Cookie Decorating Kits are available, so YOU won't have to bake!

This kit includes a box filled with:

- 12 Cookie Cool Cookie Company Assorted Christmas Cutout Cookies ready to be decorated;
- A 1 lb. package of Royal Icing Mix (just add water and stir);
- Piping bags for decorating, and a variety of cookie additions for decorating;
- Packaging: 12 Clear Cellophane bags, bakers' twine and tiny jingle bells, additional decorating ideas;
- Professional Sugar Cookie and Royal Icing Recipes (for if you want to bake more cookies later).

Cookie Kits will be available for pickup at the Royal Oak Senior Community Center on December 13.

Learning to Navigate the VA & How to Qualify for Benefits

Free Talk from Easterseals • Refreshments and Raffle

Friday, January 12, 10:00 am - 12:00 pm

FREE!

The requirements of Veterans and their families continue to evolve, necessitating ongoing support. At Easterseals, we specialize in identifying the needs of Veterans, particularly Older Veterans, and military families. Join us for a presentation to discuss the benefits available to Veterans, eligibility criteria, and how the Veterans Administration can be of assistance. This event is free and open to Veterans, their family, and friends. It is sponsored by the Senior Dedicated Medical Center and includes refreshments. Attendees will also have a chance to win a prize through a raffle.

You must RSVP by January 8; call 248-246-3900.

Stroke Smart

With Dana Rizzo of Waltonwood - Licensed Assisted Living

Tuesday, January 16, 1:00 pm

FREE!

A stroke can be like a wolf in sheep's clothing – Don't wait until it's too late to take action! Stroke Smart is here to help you detect the warning signs of stroke, provide guidance on how to react rapidly and offer further education to keep you informed. This talk is available for free.

Must RSVP by Jan. 8; call 248-246-3900.

Mahany/Meininger Center Presents

Brainstorm: A Workout for the Mind

Part 1 - Friday, Jan. 19, 10:00 -11:30 am

Part 2 - Friday, Jan 26, 10:00 -11:30 am

FREE

Presented by: Allegria Village Senior Living Community

This interactive presentation designed by the Wayne State University Institute of Gerontology is a breakthrough approach to brain health and training. This workshop is a two-part series on brain fitness and how to keep the brain healthy. Brainstorm will focus on how the brain works, memory, Alzheimer's, brain deterioration, and offer facts and activities. This exciting workshop will also have pointers on how to trick your brain to make it sharper. Light refreshments will be provided.

Must RSVP by Jan 11; call 248-246-3900.

Valentine's Day Cookie Decorating Class

Wednesday, Feb. 7, 1:00 pm \$40.00

Brought to you by Ms. Patricia Davis, Principal Baker of The Award-Winning Cookie Cool Cookie Company in anticipation of the sweetest of holidays, St. Valentine's Day.

Join us in this delightful, engaging class, decorating an assortment of cookies representing symbols of love, romance, and affection. We'll be decorating cookies as gifts to be shared with friends, family, and loved ones.

This Class will focus on modern, contemporary, fun, and easy decorating ideas and techniques using paint brushes, air-brush machine, stamps, royal icing, and more. We will create noteworthy, artistic creations you will be proud to give..

Each participant will receive 12 assorted Cookie Cool Cookie Company Valentine's Day Cookies for decorating in class, along with 12 clear Cello bags with ribbon for packaging. Participants will be treated to fun facts, questions and answers, grab bags, and tiny snacks served with Love Potion# 9 Mocktails!

Must RSVP by January 26; call 248-246-3900.

Coffee with a Veteran

FREE Talk from Easterseals

Friday, March 22, 10:00 am

Easterseals' "Coffee with a Veteran" is a complimentary event that offers a platform for community members, including Veterans, to discuss mental health, housing, and medical benefits available to them. This event aims to increase awareness about the resources available and provide networking opportunities for Veterans to learn about new resources. The event is open to all members of the community. Light Refreshments will be provided.

Must RSVP by March 18; call 248-246-3900.

AARP Smart Driver TEK workshop

Friday, April 12, 10:00 am

FREE

Smart Driver TEK is a 90-minute workshop offering an interactive way to stay up to date with the latest safety technology in your current or future car. Learn all about what new technologies are available, how they work, and how they can improve your peace of mind on the road. Register today and tell a friend -it's FREE!

Must RSVP by April 5; call 248-246-3900.

Condominium Living

Friday, March 8, 1:00 - 2:00 pm

OR

Wednesday, March 13, 7:00 - 8:00 pm

FREE

Maybe you're contemplating a condominium for your next home, or curious to why co-owners pay association dues, etc. Regardless of your situation and level of experience, here's an ideal opportunity to enhance your condo education.

Join author and speaker, Michael Fitzpatrick, a condo president and dweller for over 25 years, as he shares his unbiased knowledge. This seminar is intended for anyone who wants to broaden their knowledge of condominiums and living in a condo community. RSVP at 248-246-3900.

Michael's book, "Condominium Living: Today and Tomorrow," will be available for purchase at the seminar. The cost is \$36.00 + tax. Cash or check only accepted. For more information, visit www.condo-livingbook.com.

M/M Book Clubs

1st Thursdays, 11:00 am - 12:30 pm

Contact volunteer Reyes, 248-545-6064

4th Fridays, 10:00 - 11:30 am

Contact volunteer Doris, 248-586-0045

We are now offering two well-attended groups! In partnership with the **Royal Oak Public Library**, we offer readers the opportunity to explore novels or nonfiction titles together. Don't worry about driving at night to typical book club gatherings!

Need a library card? Go to ropi.org/1063/ Apply-for-a-library-card

Beginner American Sign Language & American Sign Language Level II

Kaylee will not be teaching this Winter session. She has enjoyed the students in her past seasons while sharing her knowledge with other community members. She looks forward to returning soon. Check the Spring *Insight* for her next offerings and specific return dates to the M/M Community Center.

Lunch and Learn Series

Receive a free lunch for all whom pre-register and attend a presentation. **Presentation is from 11:30 am to 1:00 pm.** Out of respect for the presenter, please remain for full presentation and silence all phones during workshop. Please, no carry-outs.

If you sign-up for a Lunch and Learn and fail to show up or call to cancel two times in a calendar year, you will not be permitted to sign-up for any Lunch and Learn sessions for the remainder of that year.

**Unravel the Mysteries of Medicare: An Introduction
Tuesday, January 9**

Presenter: Jason Moore of Security First Benefits Corporation

Join us as we introduce those ready to turn 65 in the 2024. In this presentation, we will cover Medicare, Medicare Advantage and Medigap explanation of benefits. Additionally, you will learn about "Extra Help" on your prescription drug coverage and the effects of the Inflation Reduction Act as it relates to new and current enrollees to Medicare.

Must RSVP by Jan. 3; call 248-246-3900.

**Bolstering Your Retirement Income with Reverse Mortgages
Monday, January 22**

Presenter: Top Flight Financial

Join Top Flight Financial, Equal Housing Lender for lunch and let us guide you to become more informed on how a Reverse Mortgage can be an important retirement tool. Free lunch for all who attend.

Must RSVP by Jan. 16; call 248-246-3900.

**Beyond the Smile: North Oaks Dental & Orthodontics - Royal Oak
Tuesday, January 23**

Presenter: Dr. Alvin Daboul, your local family dentist

Beyond the Smile: Exploring the Vital Link Between Oral Hygiene and Systemic Health. We will also be discussing Dental Implants in Modern Dentistry. Enjoy lunch and participate in an informative session with expert insights from Dr. Daboul. Afterwards, there will be plenty of time for any questions.

Must RSVP by Jan. 16; call 248-246-3900.

**Holistic Health Care
Tuesday, January 30**

Presenter: Dr. Richard Kay, LiveWell Chiropractic of Royal Oak

Join Dr. Kay to learn about holistic health care and how it is essential for overall wellness. Dr. Kay will also discuss the intricate network of the nervous system and what you need to do to maintain a healthy spine. Additionally, you will learn about the important nutrition and bone health.

Must RSVP by Jan. 22; call 248-246-3900.



**Turning 65 Workshop
Session 1: Tuesday, February 6**

RSVP by Jan. 29

Session 3: Tuesday, April 16

RSVP by April 8

Presenter: Medicare Advisor, Mark Steffens

This free Turning 65 workshop is designed to take the confusion out of enrolling in Medicare. We will help you make an informed choice during this very important enrollment period. Here are some of the topics we will cover:

- What is Medicare and do I have to enroll?
- Enrollment, premiums, and penalties for Medicare
- When do I sign up for Medicare?
- How to compare Medicare Advantage to Medicare supplement
- Who is eligible for Medicare?
- Answer any questions you may have.

This is a very confusing topic, and we want to make sure you understand all aspects of Medicare so you can make the best decision for your health care coverage. No cost to attend and lunch will be served.

Must RSVP to attend; call 248 246 3900.

This is an educational event; no products will be sold at this event. Mark Steffens is a licensed and certified agent who works with Medicare enrollees to explain Medicare Advantage, Medicare Supplement and Prescriptions options

**Caring for a Loved one With Dementia
Monday, February 26**

Sponsored by Hospice of Michigan, BerryLane Senior Care and How to Help Mom

This very informative, interactive workshop includes lunch. The presentation will be delivered by Geriatric Care Manager Wendy Berryman. She will review the impact of dementia, define the different types of dementia, demonstration of the right and wrong way of good dementia care and communication, and discuss what to expect at the end of life related to the diagnosis and caregiving resources. Join this trio of experts in Caregiving solutions, End of Life Care, and Dementia communications. In this very critical Dementia care talk.

Must RSVP by Feb. 19; call 248-246-3900.

**Peace of Mind
Tuesday, March 5**

Presenter: AJ Desmond and Sons Funeral

You're invited to a Peace of Mind seminar, to learn how planning for your final wishes may shield your family from unnecessary emotional and financial burdens. Join us and learn more about pre-arrangements, Veteran benefits, cremation, burials, and more. We will discuss: Cremation & Burials, Traditional Funerals, Veteran Benefits, Payment Plans, and Pre-Arrangements.

RSVP by Feb. 26: call 248-246-3900.

Chair Exercise with Cindy**Wednesdays, 9:30 - 10:15 am****Jan. 3 - Feb. 7****\$42 / 6 weeks****Feb. 21 - March 20****\$35 / 5 weeks****Fridays, 9:30 - 10:15 am****Jan. 5 - Feb. 9****\$42 / 6 weeks****Feb. 23 - March 22****\$35 / 5 weeks**

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasize posture, coordination, and fall prevention. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and hand-held weights, if you wish. Instructor – Cindy Erlandson.

Chair Yoga with Cindy**Wednesdays, 10:30 - 11:15 am****Jan. 3 - Feb. 7****\$42 / 6 weeks****Feb. 21 - March 20****\$35 / 5 weeks****Fridays, 10:30 - 11:15 am****Jan. 5 - Feb. 9****\$42 / 6 weeks****Feb. 23 - March 22****\$35 / 5 weeks**

This class consists of three 15-minute sections: first and last are performed seated, the middle section is performed standing using a chair for balance. Focus: breathing, relaxation, stretching for flexibility and balance practice, which also increases muscular strength. Instructor – Cindy Erlandson.

**Self-Guided
DVD Workouts****Mondays & Fridays, 9:30 am****FREE**

Come in for a DVD workout without the cost or commitment of a class! Pop in the DVD yourself and enjoy an exercise routine with Richard Simmons, Jane Adams or Curtis Adams!

**Drop-in Line Dancing****Fridays, 1:00 - 3:00 pm****(1:15 - 3:00 pm, Jan. 5 - Feb. 23)****\$3.00**

This class consists of beginner and high beginner dances for those who **have some line dance experience**. Dances are done not just to country music but to many genres including pop, rock, oldies, Latin and Irish music. So come and join our line dance family for some fun and great exercise. Your body and mind will thank you for it! **NO BOOTS. MUST HAVE SOME EXPERIENCE.** Instructor-Jeannette Forster

Beginner Line Dancing**Fridays, 12:30 - 1:15 pm****Jan. 5 - Feb. 23****\$48 / 8 weeks**

Line dancing is fun and is great exercise for your mind and body. It is easy on your joints, improves your balance, and boosts your brain power. Basic steps and beginner dances will be taught with no partner needed. You will learn dances done at weddings, parties, and other social events. So come join us and bring your friends where you will meet others that share your love of dancing! Instructor - Jeannette Forster.

Social Square Dance**Mondays, 1:00 - 3:00 pm****Wednesdays, 7:00 - 8:45 pm****Drop-in, \$7.00 per class, CASH ONLY**

This growing group continues led by Walt Zatorski, is gaining participation with each week they are here at the M/M Center. They have even hosted the entertainment for a dinner dance! No partner needed, professional caller Walt will make you laugh, dance, and make new friends. All skill levels welcome. New to square dance? The advanced dancers will help you learn. Please no hard sole boots that will mark the flooring.

Tai Chi Chen Style with Han**Thursdays, 9:15 - 10:00am****Jan. 11 - March 14****\$70 / 10 weeks**

Tai Chi Basic exercises are for beginner and continuing students. The class will include Tai Chi warm-up, gentle stretching, Tai Chi walking and silk reeling, and section one of Chen Style Tai Chi old form. Register with M/M Center staff by calling 248-246-3900.

Gentle Yoga with Noreen**Mondays, 10:00 - 11:00 am****Jan. 8 - Feb. 26****\$42 / 6 weeks***No class Jan. 15, Feb. 12***March 4 - Apr. 22****\$56 / 8 weeks****Mondays, 1:00 - 2:00 pm****Jan. 8 - Feb. 26****\$42 / 6 weeks***No class Jan. 15, Feb. 12***March 4 - Apr. 22****\$56 / 8 weeks****Thursdays, 1:00 - 2:00 pm****Jan. 11 - Feb. 29****\$49 / 7 weeks***No class Feb. 15***March 7 - Apr. 25****\$56 / 8 weeks**

Yoga creates many benefits in your overall health and wellness. Improve your strength, flexibility and sense of well-being with breath awareness and movement. Relax and rejuvenate to look and feel better. Please preregister. Instructor Noreen Daly.

Zumba Gold with Debbie M.**Fridays, 12:00 - 1:00 pm****Drop-in, \$6 CASH ONLY**

Join Debbie for a group class with lots of positive body movements. Wear comfortable clothing, athletic shoes and bring a bottle of water. She will entertain you with her personality, get your blood pumping and teach you with the beat stomping music of Zumba routines. Beginner to advanced Zumba dancers are welcome. Toning sticks are available for purchase from the instructor.

Zumba with Michelle H.**Thursdays, 6:30 - 7:30 pm****Jan. 18 - March 7****\$80 / 8 weeks****NEW!**

Michelle is new to our Community Center but has been teaching Zumba fitness for more than a decade. She's excited to help you get healthy and have a blast doing so! Set to Latin and international music, Zumba combines elements of dance and aerobic exercise. Her class is high-energy, easy to follow steps, and tons of fun!



Fitness with Josh

All classes are drop-ins for \$10.00 each (cash only) and held at M/M Community Center (3500 Marias Ave.)

Josh has a B.S. in Kinesiology from Kansas State University. He can be found offering classes five days a week at the M/M Community Center. The beauty of these drop-in classes is no commitment if your schedule gets hectic and no worries about missing the first class then joining late into the session. However, the regular attendees are addicted and attend multiple classes a week!

All ages are welcome! Equipment is supplied. In pleasant weather, classes may be held outside so dress accordingly. **Questions?** Email Josh at GPCfitnessstudio@gmail.com.



Morning Warm Up

Monday and Friday, 9:30 - 10:00 am

Two sessions for \$10.00!

Start the day with a short 30-minute session to wake up the body. Josh helps you personalize your time by focusing on strength, mobility, cardio, and balance. Or work on all of them! This is an easy commitment since it is only 30 minutes.

Full Body Circuit (4 days a week)

Tuesday and Thursday, 9:00 - 10:00 am

Monday and Wednesday, 5:30 - 6:30 pm

A staple class to incorporate most of your major muscle groups in a variety of challenging ways. A great way to gain exposure to a wide variety of fitness styles. Josh tries to surprise class members with new and interesting things every round of reps. Josh introduces the challenges in a low-pressure context, always focusing on YOU! Perform at your optimum best!

Senior Circuit (5 days a week)

Monday - Friday, 10:00 - 11:00 am

A group class of loyal followers with a laid-back mentality. Everyone has limitations such as injuries from wear, tear, or mobility issues, but that doesn't mean we can't improve! Use Bosu balls, resistance bands, body weight static moves, and much more.

Stability & Balance

Tuesday and Thursday, 11:15 am - 12:15 pm

The focus of this class is conditioning your body to stabilize and move more effectively. Joints in the ankles, hips, and back are points of instability that can be strengthened through challenging movements and static holds.

Total Strength

Tuesday, 6:30 pm - 7:30 pm

One hour dedicated to building strength in muscles, tendons, ligaments, and bones in our bodies. Kettle bells, dumbbells, weighted bars, and resistance bands are supplied. Get ready to look strong and feel better in your own skin!

Mat Work

Wednesday, 9:00 - 10:00 am

Excellent opportunity to become grounded using bodyweight strength, balance, flexibility, and mobility. Thick mats are provided.

Cardio & Core

Tuesday and Thursday, 5:30 - 6:30 pm

There are two major goals in this class: elevate your heart rate, and develop strength, mobility, and endurance in your core. Work is focused on abs, back, glutes, obliques, and hips. Improve your posture, reduce chronic back pain and build a healthier shape.

Meditation Discussion with Brett Koon

Tuesday, Jan. 16, 10:30 - 11:00 am

Tuesday, Jan. 30, 6:00 - 7:00 pm

Have you been curious to learn about meditation? Ever want to explore it without jumping right into a class? This hour-long session is just for those of you who desire to ask, and listen for what to expect. A great prerequisite if thinking about taking Brett's meditation class series.

Meditation for Relaxation with Brett Koon

Tuesdays, 7:00 - 8:00 pm

March 5 - April 23

\$80 / 8 weeks

Brett has been with the RO Community Center for almost a year and he enjoys sharing his many years of studies with his students. If you ever wanted to learn how to calm the mind and relax, this class is for you. With soft music playing, Brett explains what to feel, expect and utilize as you clear your head. Students sit on the floor or in a chair. Ages 18+.

Must register at RO Community Center or call 248-246-3900.

Garden Club

1st Mondays of each month, 7:00pm

Garden enthusiasts meet new friends, share ideas, attend lectures/workshops and social events! All are welcome. Dues are collected upon regular membership. For more information, contact Jeannie Dolson at royaloakgardenclub@gmail.com or jeannedolson@gmail.com, call or text 248-506-5584

Koffee Klatch

Fridays, 1:00 - 2:30 pm

M/M Senior Community Center

3500 Marais in Royal Oak

A discussion and networking group for LGBTQ+ community ages 45 and over. Meetings are open to any topic presented by those in attendance. Various social outings and potlucks are held throughout the year. Masks are currently optional and strongly encouraged.

FREE!

Drop-In Sports at the Salter Center

Pickleball

- Cost of pickleball is \$3.00 per person per session. Any individual caught not paying will be asked to leave the gym immediately.
- Sign-in sheets will be made available 30 minutes before scheduled start times.

Mondays

11:00 am - 1:00 pm or 1:00 - 3:00 pm
All levels - East Gym

Tuesdays

1:00 - 3:00 pm, All levels - East Gym
12:30 - 2:15 pm, 4.0 & higher - West Gym

Wednesdays

11:00 am - 1:00 pm or 1:00 - 3:00 pm
All levels - East Gym

11:00 am - 2:00 pm

3.5 & higher - West Gym (\$3.00)

Fridays

11:00 am - 1:00 pm or 1:00 - 3:00 pm
All levels - East Gym

12:30 - 2:00 pm

3.5 & higher mixer - West Gym

Bounce Volleyball

Tuesdays and Thursdays

11:00 am - 1:00 pm

Bounce Volleyball, a slightly slower paced game than power volleyball, allows a wider range of skill levels to participate and enjoy this great game. \$1 per session.

Drop-In Pinochle

Wednesdays & Fridays, 12:30 pm

Drop in for an enjoyable game of pinochle, meet new friends. \$1

Let's Walk!

Monday - Friday, 8:30 - 11:00 am

Strengthen your heart, lungs and vascular system. Improve your circulation. Relieve tension and modify the aging process. How? Join **Let's Walk!** and enjoy the four seasons, briskly walking at your own pace. Walk indoors around the gym or outdoors in the park and neighborhoods, weather permitting. Track your progress by completing a mileage log sheet at the Salter Center.

Cardio Kickboxing & More!

Monday & Thursday:

Low-Impact: 9:00 - 9:55 am

Cardio Kickboxing: 10:00 - 10:55 am

Thursday Only:

Circuit: 11:00 - 11:55 am

NEW!

Winter 1

Jan 8 - Feb. 12

Low-Impact (Monday)

SA5001

Low-Impact (Thursday)

SA5011

Cardio Kickboxing (Monday)

SA5002

Cardio Kickboxing (Thursday)

SA5012

Jan. 11 - Feb. 8

Circuit

SA5003

Winter 2

Feb. 19 - March 18

Low-Impact (Monday)

SA5004

Low-Impact (Thursday)

SA5014

Cardio Kickboxing (Monday)

SA5005

Cardio Kickboxing (Thursday)

SA5015

Feb. 15 - March 14

Circuit

SA5006

\$40 / 5 weeks

Drop-ins welcome for \$8 per class

Join us for this high-energy, non-contact fitness class. These classes are for beginners and pros alike. These classes will focus on building endurance, improving your flexibility, and having fun! All classes can be done standing or seated. Toni Henderson, Certified Fitness Instructor.

Senior Pilates

Tuesdays, 12:00 - 1:15 pm

Jan. 9 - Feb. 20

SA2302

\$35 / 7 weeks

March 5 - April 23

SA2303

\$40 / 8 weeks

Pilates is a neuro-muscular resistance control method of exercise designed to help develop strong, flexible muscles and better posture. This is a basic class with emphasis on gradual progression and strict body alignment and exercise form. Wear loose comfortable clothes and bring a mat. Instructor: Cherie Baugh, ACSM, Certified Fitness Instructor.

Sit Down & Tone Up

Monday, Wednesday, Friday; 9:30 am

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

Stretch & Strength (40+) Cardio, weights and stretching

11:00 am - 12 Noon

Winter 1

Mondays: Jan. 8 - Feb. 26 SA6001

\$36 / 6 weeks No class Jan. 15, Feb. 19

Wednesdays: Jan. 3 - Feb. 14 SA6002

Fridays: Jan. 5 - Feb. 16 SA6003

\$42 / 7 weeks

Winter 2

Mondays: Mar. 4 - Apr. 8 SA6004

\$36 / 6 weeks

Wednesdays: Feb. 21 - Apr. 3 SA6005

Fridays: Feb. 23 - Apr. 12 SA6006

\$42 / 7 weeks No class Mar. 29

Spring 1

Mondays: Apr. 15 - May 20 SA6007

\$36 / 6 weeks

Wednesdays: Apr. 10 - May 22 SA6008

\$42 / 7 weeks

Fridays: Apr. 19 - May 24 SA6009

\$36 / 6 weeks

Drop-in any Monday, Wednesday or Friday for \$6 per class.

Fun exercise for the active adult and senior. Improve your stamina, strength and flexibility. All exercises are adaptable to allow you to work at your own pace and fitness level. Each class includes low-impact aerobics, strength training and stretching. Workout to great music, make new friends, socialize, laugh and have fun! Bring a water bottle and hand-held weights if you have them. Wear tennis shoes and loose, comfortable clothing. Instructor Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching this popular class in Royal Oak since 1994.

Yoga

Jan. 9 - Feb. 20 SA2322

\$35 / 7 weeks

March 5 - April 23 SA2333

\$40 / 8 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase strength, flexibility, alignment and balance. Instructor - Cherie Baugh. Preregister.

R.O.S.E.S. - Royal Oak Senior Essential Services

Are you in need of light home chores, minor repair work or temporary personal aid? If so, R.O.S.E.S. is here to assist! R.O.S.E.S. is a program providing a variety of supportive services to Royal Oak residents aged 62 and older and qualify for subsidy. You must live in your own home – alone, with a spouse, or with a disabled adult child. Seniors living with able-bodied adult children do not qualify for the subsidy assistance. However, R.O.S.E.S. will provide those who don't qualify for subsidy with service referrals, if requested.

To determine if you qualify, please submit a copy of either your most recent Home Heating Credit, Michigan Homestead Property Tax Credit, or your Individual Income Tax Return form. If you live in one of the senior high rises, you will need to submit the HUD Tenant Eligibility & Rent Procedures Form. The following subsidy scale will apply:

Income-One	Income-Two	Rate/ Hour
\$0 - \$19,900	\$0 - \$22,750	\$3
\$19,901-\$33,150	\$22,751-\$37,900	\$5
\$33,151-\$53,050	\$37,901-\$60,600	\$7

- Home Chores
- Home Repairs
- Personal Care

This service is sponsored by the City of Royal Oak. For questions and concerns, contact a R.O.S.E.S. specialist Monday-Friday at 248-246-3919.

Adjacent Generational Exchange (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

Looking for a Few Good Volunteers!

The M/M Community Center is always looking to introduce new programs. Do you have a few hours of time to spare each month?

Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at 248-246-3917.

Alzheimer's Association Caregiver Support Group

1st Mondays, 3:00 pm FREE

Jan. 8, Feb. 5, March 4

Facilitator - Theresa Neu

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe space for caregivers, family, and friends of persons with dementia to build support system with people who understand. It allows participants to exchange practical information on caregiving challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, as well as learn about community resources. The support group meets each month to encourage caregivers to maintain their own personal, physical, and emotional health, as well as optimally care for the person with dementia.

Aphasia Support Group

Thursdays, 10:00 am - 12 noon

This group is for adults with communication disorders. Gain support from others on your road to recovery. For more information, call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

Low Vision and Blind Support Group

2nd Thursday, 10:00 am FREE

Dec. 14, Jan. 11, Feb. 8, March 14

Royal Oak Senior Community Center offers a Low Vision and Blind Support Group, **hosted by Henry Ford Health and the Detroit Institute of Ophthalmology.**

Through support groups, the Detroit Institute of Ophthalmology seeks to help those who suffer from vision loss by providing a comfortable environment to discuss the successes and challenges of living fully with visual impairment. Attendees will engage in open discussion and will hear from speakers on a variety of topics.

Preregistration is required. Contact Ashley Livshiz, Support Group Coordinator, at 313-936-1969.

PAL (Positive Attitude Living) Fridays, 10:30 am FREE

Your attitude determines your life! Join this group to enrich your life and meet new friends. Bring your ideas for positive change to share with the group. Newcomers welcome.

Grief Support – Living On

Hosted by Hospice of Michigan

1st and 3rd Fridays, 10:30 - 11:30 am

FREE

Dec. 1 & 15, Jan. 5 & 19, Feb. 2 & 16,

March 1 & 15

Living On is a series of ongoing groups where grief and loss topics are addressed as they arise, depending on the interests of those attending the group. The focus of this group is to express feelings and experiences related to the loss in a supportive, caring and non-judgmental environment.

Registration required. Contact Cindy Palmer, Grief Counselor, at 248-334-1323 or email cpalmer@hom.org.

Legal Consultations

3rd Wednesday No Fee

Jan. 24, Feb. 21, March 20

By appointment only

Soren Andersen has completed 40 years of law practice. Most of those years have been as a sole practitioner private attorney. His practice included consumer and small business issues, debtors' rights and creditors remedies, real estate transactions, probate administration, and estate planning. Provided free 20-minute consultations to Senior Citizens. Consultations will be in person. A fee will be charged for additional services. Please call ahead to register.

Medicare/Medicaid Assistance Program

MMAAP counselors are available for assistance in choosing the right health plan for you. For questions regarding Medicare, Medicare Part D prescription plans and Medicaid, call Carolyn Marsh at (248) 246-3900. In-person assistance by appointment only.

Outreach

Our Outreach Administrator is available to help residents aged 62 and over through the sometimes overwhelming process of obtaining needed services. Please call (248) 246-3900 with your concerns about personal care, housing or other independent living requests. An in-home visit to assess needs is available through this service at no cost.

Tim's Kitchen

The current month's meal calendar will be available in the *Times* Newsletter and online at romi.gov. *Menu is subject to change without notice due to availability.*

- All meals are \$5.00 each. Payment is due upon placing the order either by phone with a credit card OR in person with cash, credit card or check. Please call 248-246-3900 to register.
- Ordering DEADLINE is 11:30 am THREE BUSINESS DAYS PRIOR to the date you want to purchase. *Closure may affect cut off dates.*
- There is no same day purchase, punch card or walk-ins.
- DINE-IN ORDERS CANNOT BE CHANGED TO CARRY OUT.
- Carry out lunches will be refrigerated in compliance with food safety protocols.
- There are NO REFUNDS if you are unable to come in to eat or pick up your lunch.

Meals on Wheels

Meals on Wheels are available to home bound residents unable to travel to the Center. Call Western Oakland Meals on Wheels at 248-223-9160 for hot meals delivered daily. The menu for homebound meals differs from the meals served at the Senior Center.

Transportation

This service provided by the City of Royal Oak promotes independence for residents aged 60 or older, and adults with permanent disabilities. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. You are limited to six grocery bags and must handle them yourself. **Call 248-246-3914 between the hours of 9:30 am-12:30 pm** to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. Be ready for your pickup 15 minutes before and after your scheduled time. Drivers cannot always accommodate exact scheduled times. All buses are equipped with lifts. Prepaid tickets are available: \$19/5 round-trip tickets and \$14 / 5 one-way tickets.

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Beaumont Health, SMART Municipal and Community Credit Funds, and rider donations.

Rentals at M/M Community Center

3500 Marais Ave., Royal Oak, MI 48073

Rentals are available Monday through Saturday only. A \$200 security deposit and full payment is due upon booking.

The security deposit is refundable if the following conditions are met:

- Premises are left in the same condition as the start of the event
- Trash has been taken to the dumpster
- Tiled floors have been swept
- Tables and chairs returned as they were upon arrival

No alcohol or bounce houses are allowed on the premises.

CANCELLATION POLICY: A full refund will be given with 48 hours advanced notice, otherwise it will be forfeited.

If you would like to book a rental or require further information, please call **248-246-3900**.

Room/ Facility	Rental Rate per hour		Maximum Occupancy	Details
	(w/food)	(w/o food)		
Lounge 608 sq ft	N/A	\$25	12	Couches, square tables, chairs, carpeted floor, windows overlooking Arboretum
Game Room 1088 sq ft	N/A	\$25	20	Rectangular tables, chairs carpeted floor; use of pool tables is NOT INCLUDED
Room 1 400 sq ft	\$35	\$30	20	Rectangular tables, chairs, carpeted floor, dry erase board
Room 2 416 sq ft	\$45	\$40	20	Rectangular tables, chairs, sink coat rack, pull-down, projector screen, carpeted floor
Room 3 638 sq ft	\$45	\$40	40	Rectangular tables, chairs, tiled floor, sink, coat rack, dry erase board
Rooms 4 & 5 4416 sq ft	\$60	\$50	100-150	Oval tables, chairs, tiled floor, 86-inch monitor, 12 ft ceiling, windows overlooking Arboretum
Room 6 1034 sq ft	N/A	\$45	70-80	Square tables, chairs, carpeted floor, 12 ft ceiling, windows overlooking Arboretum
Room 7 280 sq ft	\$30	\$20	12	Square tables, chairs, carpeted floor
Rooms 8 & 9 1040 sq ft	\$50	\$40	40	Rectangular tables, chairs, tiled floor, 75-inch monitor, two sinks
Patio 2275 sq ft	\$35	\$25	N/A	Cement pavement, surrounded by Arboretum
Parking Lot 105 regular spaces 10 accessible spaces	\$75	\$75	N/A	Call for details. must provide own Liability Insurance



Royal Oak

Life Now Playing

Mayor

Michael Fournier

Melanie Macey, Mayor Pro Tem
Sharlan Douglas

City Commission

Kyle DuBuc
Monica Hunt

Brandon Kolo
Pat Paruch

Snow Emergencies

With winter upon us, it's important that residents understand their responsibilities in a snow emergency and how to be informed when a snow emergency goes into effect.

What is a Snow Emergency?

A weather event in which the city receives a snowfall of four inches or more generally defines when a snow emergency may be declared by the City of Royal Oak. When a snow emergency is in effect for the City of Royal Oak, all vehicles on city streets are to be removed. Vehicles are to remain off the streets until plow trucks have gone through the area. Once a snow emergency is called and plowing begins, it takes approximately 24 - 36 hours to plow all city streets and lots. Cooperation of residents to keep the streets clear for the plows is key to efficiently returning city streets to normal.

What should I do when a Snow Emergency is Declared?

Under city ordinance, when a snow emergency is declared, all on-street parking is prohibited, and residents are required to move their vehicles off the street and into a driveway. When a winter storm is forecasted to hit the city with a predicted snowfall of four inches or more, residents should be proactive and remove their cars from the street prior to an official emergency declaration.

What will happen if I do not remove my car from the street during a Snow Emergency?

Vehicles not removed from a city street when enforcement begins are subject to a citation and possibly vehicle impoundment by the Royal Oak Police Department.

What if my house does not have a driveway?

Persons residing in homes without driveways may apply for a snow emergency parking exemption permit. This permit allows the owner/lessee of the vehicle for which the permit is issued to park only in front of his/her residence during a snow emergency. (Note: If you have a driveway or more vehicles than your driveway allows you are not eligible for an exemption) Applications are available at www.romi.gov or the Royal Oak Police Records Bureau and are subject to a non-refundable \$25 fee at the time of application. Applications will take at least 48 hours to process.

How can I be notified that a Snow Emergency has been declared?

Residents can use the following means of learning a snow emergency has been declared:

1. City of Royal Oak website at www.romi.gov
2. City of Royal Oak and Royal Oak Police Department social media accounts (Facebook, Twitter, Instagram)
3. Call the Snow Emergency Hotline at **248-246-3442**
4. Sign-up for Email/Text Alerts from the Royal Oak Police Department

How can I sign up for Snow Emergency and other emergency alerts?

The Royal Oak Police Department can send emergency alerts directly to residents via text message, email, phone call, voicemail or traditional land-based telephone lines through CivicReady. For more information, visit www.romi.gov and look for the "Emergency Alerts" icon or visit the iPhone App Store / Android Google Play and look for the "CivicReady" app.





Christmas Tree Collection

Trees will be collected curbside for recycling 12/26/23 - 1/12/24 by a private chipping contractor on your regularly scheduled refuse day. Please put to the curb by 7:00 am and remove all decorations, lights, stands and plastic bags or the tree will be left until corrected for the next pickup day. Between 1/15/2024 and 3/29/24 residents may take the tree to SOCRRA, 995 Coolidge for disposal. Call 248-288-5150 for details. **By appointment only.**

Yard Waste Reminder

Yard waste must be separated through December 15, 2023. Between December 18, 2023 and March 29, 2024, residents need to either hold onto yard waste materials until the program starts on April 1 or residents can take a limited amount (10 bags per day) to SOCRRA at 995 Coolidge, free of charge, until the program begins April 1. Please call (248) 288-5150 for details. The best way to handle grass clippings is to not collect them. Grass clippings are good for the lawn. **By appointment only.**

Memorial Trees

Want a great way to honor someone you care about? Consider purchasing a Memorial Tree! There are several species of trees to choose from that vary from year to year. Memorial Trees will be planted in the city park of your choosing, while coordinating with the arborist on exact location to ensure the longevity of your tree. Planting and a wooden stand (which will be installed flush to the ground next to the tree) are included with the purchase of your Memorial Tree. Memorial plaques are to be purchased separately to the set specifications of the department. Installation of the plaque is included with purchase. Memorial Trees will be available for purchase after the New Year. Trees are only available for purchase during the spring planting timeframe. To purchase a Memorial Tree please visit royaloakrec.recdesk.com. What a wonderful way to honor a loved one for years to come.

Refuse and Recycling Directory

Department of Public Services (DPS)..... 248-246-3300
(Calls regarding garbage and recycling pickups)

SOCRRA MRF/Drop-off Center 995 Coolidge..... 248-288-5150
Drop-off accepts: All acceptable curbside recyclables; unflattened, unbundled cardboard; automotive and household batteries; paperback and hardcover books; all paper (except carbon); used clothing; screw-off lids/caps; styrofoam (no peanuts).

Please visit www.socrra.org/recycling-drop-off for accepted drop-off recyclables.

Household Hazardous Waste Disposal & Electronic Recycling

Drop-off at 995 Coolidge: Monday-Friday, 8:00 am -3:00 pm; Saturday, check website for limited hours.

BY APPOINTMENT ONLY. Visit socrra.org for more information.

Hazardous Waste – To dispose of: automotive products, lawn/garden products, cleaning products, fluorescent light bulbs, insulin syringes (in rigid container), oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned. NOT ACCEPTED: unlabeled containers with unknown contents, radioactive, explosives or hazardous waste from businesses.

Used Electronics – To recycle computer monitors, CPUs, printers, TVs (no wooden cabinets), radios, phones, cell phones, copy & fax machines, stereos, VCR/CD/DVD players, video game systems, etc. **Residents must remove sensitive or personal information from ALL devices.**

Recyclables – All plastic as long as it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; newspaper; magazines, catalogs, paper, mail, paperback books, food/beverage/drink/juice boxes, paper cups; phone books; (flattened) corrugated cardboard; paperboard. Place everything loose in recycling bin/toter and set at curb on refuse day before 7:00 am. Material cannot stick out of the toter/bin.

No styrofoam or batteries at curb. These items must be dropped off at SOCRRA by appointment.

Regular Refuse – Put household materials in the blue 64 gallon city issued trash can. You may continue to use 20 to 32 gallon containers (max. size) or in 20 to 30 gallon plastic bags. Put all trash at curb by 7:00 am. Non-city issued cans and bags cannot weigh over 40 lbs. Containers under 20 gallons will be considered expendable and may be thrown out with the trash. **Yard waste cannot be mixed with trash at any time due to state law.**

Yard Waste – Picked up curbside from April 1 through third week of December: Separate non-woody material as well as woody yard waste (up to 2" in diameter) from regular refuse and put at curb by 7:00 am in a 32-gallon container with a yard waste decal (decal must face street) or in a paper landscape bag. Containers/bags cannot weigh more than 50 lbs. **Yard waste cannot be mixed with trash at any time.** Plastic bags are not acceptable. Not picked up as either yard waste or trash after third week of December to March 31. Either hold on to until program begins April 1 or call SOCRRA for disposal (248-288-5150).

Leaf Vacuum Program begins at end-October. Rake leaves into street according to city schedule or put into acceptable containers and set at curb by 7:00 am of refuse day until third week of December. For pick-up schedule, check *Insight*, WROK Cable (Channel 17 or 10) or the city's website at www.romi.gov.

Brush, Tree Trimmings & Shrubs – Tie woody material between 2"-5" in diameter in bundles up to 4' long and 15" in diameter, weighing no more than 40 lbs. each (under 2" SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact a private tree company (the city's recommended chipping contractor is JH Hart, 586-795-5581).

Broken Glass – Wrap in heavy paper or place in cardboard box or metal can with lid and mark as broken glass. Put with regular refuse NOT in recycling bin/toter.

Appliances (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side (state law).

Carpeting & Padding – Roll and securely tie no longer than 4' in length and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

Latex Paint – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Oil-based paint is hazardous, please take to SOCRRA for disposal. Refer to Hazardous Waste for hours.

Excluded Curbside Items – The following items are **NOT** acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, engines, transmissions, rear axles, construction items, loose items such as bricks or concrete (even if it's attached to something). These materials must be disposed of privately. See www.socrra.org or call 248-288-5150 for locations, hours, rates and procedures. Limited amounts of construction items from home occupant's personal repair or remodeling are acceptable. However, items cannot be longer than 4' in length, must be bundled and weigh less than 40 lbs. per bundle.

Holiday Refuse Collection – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected for any other holidays or when the above holidays fall on a weekend.

Christmas Tree Safety



As you deck the halls this holiday season, be fire smart. A small fire that spreads to a Christmas tree can grow large very quickly.



PICKING THE TREE

- Choose a tree with fresh, green needles that do not fall off when touched.



PLACING THE TREE

- Before placing the tree in the stand, cut 2" from the base of the trunk.
- Make sure the tree is at least three feet away from any heat source, like fireplaces, radiators, candles, heat vents or lights.
- Make sure the tree is not blocking an exit.
- Add water to the tree stand. Be sure to add water daily.



LIGHTING THE TREE

- Use lights that are listed by a qualified testing laboratory. Some lights are only for indoor or outdoor use.
- Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for number of light strands to connect.
- Never use lit candles to decorate the tree.
- Always turn off Christmas tree lights before leaving home or going to bed.



After Christmas

Get rid of the tree after Christmas or when it is dry. Dried-out trees are a fire danger and should not be left in the home or garage, or placed outside against the home.

Check with your local community to find a recycling program.

Bring outdoor electrical lights inside after the holidays to prevent hazards and make them last longer.

FACTS

- ! **Almost one third** of home Christmas tree fires are caused by electrical problems.
- ! Although Christmas tree fires are not common, when they do occur, they are more likely to be serious.
- ! A heat source too close to the tree causes more than **one in every five** of the fires.



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169



Royal Oak
FIRE DEPT

Winter Holiday Safety

Winter holidays are a time for families and friends to get together. But that also means a greater risk for fire. Following a few simple tips will ensure a happy and fire-safe holiday season.

HOLIDAY DECORATING

- Be careful with holiday decorations. Choose decorations that are flame resistant or flame retardant.
- Keep lit candles away from decorations and other things that can burn.
- Some lights are only for indoor or outdoor use, but not both.
- Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for number of light strands to connect.
- Use clips, not nails, to hang lights so the cords do not get damaged.
- Keep decorations away from windows and doors.

HOLIDAY ENTERTAINING

- Test your smoke alarms and tell guests about your home fire escape plan.
- Keep children and pets away from lit candles.
- Keep matches and lighters up high in a locked cabinet.
- Stay in the kitchen when cooking on the stovetop.
- Ask smokers to smoke outside. Remind smokers to keep their smoking materials with them so young children do not touch them.
- Provide large, deep ashtrays for smokers. Wet cigarette butts with water before discarding.



Before Heading Out or to Bed

Blow out lit candles when you leave the room or go to bed. **Turn off** all light strings and decorations before leaving home or going to bed.

FACTS

- ! More than **one-third** of home decoration fires are started by candles.
- ! More than **two of every five** decoration fires happen because decorations are placed too close to a heat source.



**NATIONAL FIRE
PROTECTION ASSOCIATION**

The leading information and knowledge resource
on fire, electrical and related hazards



**Royal Oak
FIRE DEPT**



Drinking Water: We Need Your Help

The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., who does not appear to be a City employee, please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

What to Do About Sewer Problems

Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm) Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner's sewer line, it is the homeowner's responsibility to call either a plumber or a sewer cleaning company. For full details on water and sewer emergency procedures, consult the City's website at www.romi.gov.

Residential Cross Connection Control Program

The City of Royal Oak is required under Public Act 399, Part 14, to maintain a cross connection control program to identify and eliminate any possible connections that could contaminate the public water system.

To fully comply with this state mandate, the city has contracted with HydroCorp of Troy, MI to assist with facilitating a Cross Connection Control Program.

Inspectors from HydroCorp will be in Royal Oak neighborhoods reviewing exteriors of homes for connections that could possibly contaminate the water distribution system. A typical site visit lasts approximately five minutes and the inspector will be looking at exterior garden hose connections, lawn sprinkler systems, and any other water sources.

There are no fees for the inspection; however, in circumstances where cross connections exist, any costs associated with the replacement, modification, installation and/or testing of backflow prevention assemblies remain the obligation of the homeowner.

The city's website has answers to frequently asked questions regarding the Cross Connection Control Program at www.romi.gov/cccp. Informational brochures may also be picked up at the Royal Oak Public Library and at City Hall.

Additionally, residents may call HydroCorp directly at 1-800-690-6651 or email residential@hydrocorpinc.com. You can visit HydroCorp's website at www.hydrocorpinc.com/resources/faq.

Help Protect Our Environment: Keep Drains Clear of Fat, Oil & Grease (FOG) and Flushable Wipes (FW)

Fat, oil and grease (FOG) and Flushable Wipes (FW) in sewer pipes can create severe pollution and sewer problems in our City. FOG & FW enters sewer pipes through restaurant, residential and commercial drains. Once in the sewer, FOG sticks to the pipes and thickens which can build up and eventually block the entire pipe. FW can easily get stuck on FOG and other items within the sewer pipe compounding the problem. Blockages can send sewage backward – out of manholes into streets, rivers or into homes.

Impact of FOG & FW

Preventing sewer backups from FOG & FW blockages saves residents money and protects the environment. When sewer pipes on private property back up, the homeowner is responsible for the cleanup. If you regularly pour grease or FW down the drain, it will form a blockage in the sewer pipe which then backs up through floor drains, toilets and/or at the lowest point in the house. A plumber will have to be hired to clean the sewer and possibly repair plumbing inside the home.

Sources of FOG

Fat, oil and grease are by-products of cooking found in: food scraps, meat fats, lard, cooking oil, butter, margarine or shortening, etc.

“Flushable” Products

Wet wipes, which are used for everything from wiping babies' bottoms to removing makeup to quick house cleaning are labeled “flushable.” The problem is they're really not ~ at least not the way toilet paper is. They may be flushable, but they are not biodegradable (like toilet paper) and are clogging sewer systems across the state and country. The phenomenon, which local officials call ragging, is causing major clogging problems. All it takes is one wipe to catch on a tree root or any other debris in the sewer system and then wipes or other items pile on each other causing a blockage. If residents think “out of sight, out of mind, it's not my problem” they are mistaken. If a main sewer line gets dammed by a pile of wipes, then eventually it will back up into private sewer lines which will cause a back-up in people's homes.

Unfortunately, the most frequently found items in sewer systems are paper towels/napkins, baby wipes, feminine hygiene products and household wipes which don't deteriorate like toilet paper does. The only items that should be flushed is toilet paper and human waste; please throw everything else in the garbage.

Keep Drains Clear by Following These Tips

1. Pour or scrape greasy or oily food waste into a container or jar.
2. Allow grease to cool/freeze in a container before throwing in the trash.
3. Mix liquid vegetable oil with an absorbent material such as cat litter or coffee grounds in a sealable container before throwing in the trash.
4. Keep drains clean by pouring ½ cup baking soda down the drain followed by ½ cup vinegar. Wait 10 – 15 minutes and then rinse with hot water.
5. Do not put any flushable products down the drain, please throw in the trash.



What's Lost in a Leak?

Water is Precious – Use It But Don't Waste It



One of the more common causes of water waste is the leaky faucet. Though it can be seen, the amount of water that can be wasted by such a leak is seldom appreciated. Toilet leaks are common too, and they are a little more difficult to detect. The escape of water from tank to bowl is often so slow that the movement of the water is not discernable. A

quick check can be made by dumping some laundry bluing in the tank after it has filled and become quiet, and watching for its appearance in the bowl. Even if no leak is detected, the test should be repeated, as such leaks are often intermittent.

Outside the house, too, leaks often remain undetected because the water they waste soaks into the ground. Outside fixtures or underground pipes are often guilty of such undetectable leaks, as are garden hoses and similar equipment when left attached.

If you have reason to suspect a leak, your meter furnishes you with an excellent checking device. To make a leak test, turn off all faucets and other water outlets, and keep watch on the hand of the one-cubic-foot or a flashlight on the meter face for ten or fifteen minutes. If the hand continues to move or there is water use recorded on the meter face, you will know there is a leak. You can measure the size of the leak by timing the hand or taking a timed beginning and ending reading from the meter to see how long it takes to waste a given quantity. If a hidden leak is indicated, call your plumber immediately. You will save money by having the wasted water stopped at once. If the leak is wasting a considerable quantity, you may want to consider shutting off the water at the meter while you are waiting for repairs.



1/32" leak wastes 25 gallons in 24 hours



Reporting Streetlight Outages

The City of Royal Oak continues to work with DTE Energy to expedite the repair and maintenance of streetlight outages, please call the City of Royal Oak Department of Public Service at 248-246-3300, Monday - Friday, 7:30 am - 4:00 pm with the following information:

1. The specific streetlight location (i.e. the nearest cross streets, nearby address, etc.).
2. Whether the pole is wooden or metal.
3. The streetlight pole number (if possible).
4. Details about the outage (i.e. light out, light turns on and off, light stays on during the day, etc.)

Please be aware that DTE policy allows a two-week response time once the problem has been reported to DTE. In cases where a pole has been knocked down or if there is any other emergency, please call DTE Energy at 800-477-4747.

Is the water in your home delivered by a lead or galvanized steel service line?

Because ingestion of lead is known to be hazardous to health, the Department of Public Services is committed to finding and removing all lead/galvanized water services connected to the city's water system. In that effort, DPS staff is reviewing its records to determine the material type at each home. Our records, however, only indicate what material was used on the publicly-owned portion of the water line – typically between the property line and the water main. The other section of pipe – often referred to as the 'private side' of the water service, was installed with the construction of the home and choice of water line materials was that of the contractor and/or homeowner. Our records do not reliably indicate what materials were used on the privately-owned portion. That's where you come in.

If you **know** that the water service pipe coming into your home is made of lead and/or galvanized steel, please tell us about it. And if you'd like to be included in a future replacement project, visit www.romi.gov/gettheleadout to learn about the program and to get on the replacement list.

Lead and/or galvanized service lines will be replaced at no cost to the homeowner.

For more information on reducing exposure to lead from drinking water, visit www.michigan.gov/mileadsafe.





Dispose of Hazardous Materials Year-Round

Is your basement or garage filled with unwanted chemicals, paints and other hazardous materials? According to the Environmental Protection Agency, the average home can accumulate as much as 100 pounds of HHW (Household Hazardous Waste) in the basement, garage and storage closets!

Drop Off Hours:

Monday - Friday: 8:00 am - 3:00 pm

Saturday: Check socrra.org for limited Saturday hours

APPOINTMENT REQUIRED.

What is Household Hazardous Waste?

Many common household products can pose a hazard to human health, groundwater and the environment if they are not handled properly for disposal. Placing items such as paint, automotive products, car batteries, pesticides and more in our trash is NOT the most environmentally sound way to get rid of them.

HOUSEHOLD HAZARDOUS WASTE: Items collected through the program include toner and ink jet cartridges, paints, solvents, garden chemicals, household cleaners, insulin syringes (in rigid containers), medications (in unmarked ziptop baggies), most automotive products, large amounts of cooking oil, rechargeable batteries and compact fluorescent light bulbs. Please note: containers should be clearly marked and will NOT be returned. SOCRRA may refuse if containers are unlabeled, radioactive, explosive or from a business. For a complete list, please visit www.socrra.org – **APPOINTMENT REQUIRED.**

ELECTRONIC EQUIPMENT is also collected through this program. SOCRRA accepts computer monitors, CPUs, printers, TVs (no wooden TV cabinets) radios, telephones, cell phones, copy machines, fax machines, stereos, VCR/ DVD/CD players. For a complete list please visit www.socrra.org. **Please note: residents must remove sensitive or personal information from ALL devices.**

APPOINTMENT REQUIRED.



As a member of SOCRRA, the regional recycling authority, Royal Oak residents may take advantage of these programs offered daily, year-round. The collection site is located at 995 Coolidge (about ¼ mile north of 14 Mile, across from the Meijer gas station). This program offers residents a convenient and effective means of disposing of those materials that should not be placed in the trash.



Royal Oak ENVIRONMENTAL ADVISORY BOARD

The Environmental Advisory Board makes recommendations to the city commission on all issues concerning city efforts related to energy waste reduction, air quality, water, waste, resilience, and/or other sustainability issues that improve quality of life and protect the environment.

The board meets on the fourth Wednesday of Sept., Oct., Nov., Jan., Feb., March, April, and May at 7:00 p.m. at the Mahany / Meininger Senior Center. Questions? **Email: roeab@romi.gov**



Royal Oak Environmental Advisory Board



@roenvironmental



roenvironmentalboard



Solarize Royal Oak brings friends and neighbors together to learn about solar and participate in group buy-ins to save money! Visit [Solarize Royal Oak](#) (on Facebook) or email roeab@romi.gov for more details.



Check out the City's Sustainability Efforts Here: www.romi.gov/sustainability



City of Royal Oak Home Improvement Program

Loans and grants are available through the City's Housing Office to help qualified homeowners repair their homes. The Home Improvement Program is intended to maintain and improve the City's neighborhoods by helping low- and moderate-income homeowners make necessary repairs. Eligible applicants must be the owner and occupant of a single-family home in the City of Royal Oak with a household income within the established guidelines.

INSTALLMENT LOANS/FORGIVABLE LOANS: Regular monthly installment loans up to \$50,000 with 0% interest require applicants to be the owner and occupant of a single-family home with a total household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$53,050	4	\$75,750
2	\$60,600	5	\$81,850
3	\$68,200	6	\$87,900

DEFERRED LOANS: Homeowners may be eligible for a deferred loan up to \$50,000. These loans have a interest rate of 3%, interest starts when payment begins. The loan becomes due for a period of time as determined by the Loan Committee. Applicants for deferred loans must have a household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$33,350	4	\$47,350
2	\$37,900	5	\$51,150
3	\$42,650	6	\$54,950

Forgivable loans are available for qualified exterior work up to \$15,000, the income qualification is the same as the installment loan.

The City assists determining the work necessary to selecting a contractor. Applicants are not required to put money down or pay fees usually charged by private lenders. Mortgages and Liens are placed on the property.

Home improvements are to correct health and safety violations, provide for structural preservation, energy conservation or handicapped access. The program is also equipped to address lead-based paint hazards. These are some eligible improvements:

ROOF	PLUMBING/SEWER
SIDING	FURNACE/ AIR CONDITIONING
WINDOWS	ELECTRICAL UPDATE
INSULATION	KITCHEN UPDATE
PORCH REPAIR	BATHROOM UPDATE
DRIVEWAY	BASEMENT WATERPROOFING

The City maintains a list of qualified general contractors who are responsible for all of the trades involved in residential construction. The program will provide a loan or grant up to the amount of the lowest, viable bid.

For more information call (248) 246-3292 or visit www.romi.gov

Non-English speaking or hearing impaired and disabled persons wishing to arrange translation or interpretive services may inform the City Clerk's Office. The City Clerk may be reached at (248) 246-3050 or (248) 246-3010 for telecommunications device for the Deaf (TDD).

At Your Service

- Emergency Calls Only Police, Fire & Ambulance**.....911
- General Information**..... 248-246-3000
- Animal Complaint** 248-246-3500
- Animal Shelter** 1515 N. Edgeworth 248-548-3058
- Assessor** 248-246-3110
- Building Inspection** 248-246-3210
- Building Inspection Requests** 248-246-3234
- Building Inspection Fax** 248-246-3006
- Cable TV (WROK)** 203 S. Troy St..... 248-246-3040
 - Questions regarding Comcast 800-934-6489
 - Questions regarding WOW 866-496-9669
- City Attorney** 248-246-3240
- City Clerk** 248-246-3050
- City Manager** 248-246-3200
- Code Enforcement** 248-246-3210
 - Code Enforcement 24-hour Hotline 248-246-3238
- 44th District Court** 248-246-3600
 - Probation, 400 E. 11 Mile 248-246-3670
- Engineering** 248-246-3260
- Farmers Market** 316 E. 11 Mile..... 248-246-3276
- Finance** 248-246-3030
- Fire Department** 215 E. Sixth St.
 - Emergency911
 - Non-Emergency..... 248-246-3800
 - Fire Prevention Bureau 248-246-3810
- Housing Assistance - Rehabilitation Loans**..... 248-246-3130
- Human Resources** 248-246-3070
- Ice Arena** 1403 Lexington Blvd..... 248-246-3950
- Information Systems** 248-246-3080
- Landlord Licensing Program**..... 248-246-3210
- Library** 222 E. 11 Mile Rd. 248-246-3700
- Mahany-Meininger Sr./Community Center** 3500 Marais..... 248-246-3900
- Mayor**..... 248-246-3200
- Orson Starr House** 3123 N. Main St..... 248-588-0170
- Parks & Forestry** 248-246-3300
- Planning & Zoning** 248-246-3280
- Police Department** 450 E. 11 Mile Rd.
 - Emergency911
 - Non-Emergency..... 248-246-3500
 - Community Policing..... 248-246-3524
 - Detective Division..... 248-246-3515
 - Record Division 248-246-3530
 - Snow Emergency Announcement 248-246-3442
- Public Service Department** 1600 N. Campbell
 - Highway Maintenance 248-246-3300
 - Parks & Forestry..... 248-246-3300
 - Recycling & Refuse Collection 248-246-3300
 - Sewer Maintenance 248-246-3300
 - Water Maintenance 248-246-3300
 - Emergencies between 4:00 pm - 7:30 am & weekends 248-246-3500
- Purchasing** 248-246-3030
- Recreation** 1600 N. Campbell..... 248-246-3180
- Royal Oak Golf Course** 3417 Don Soper Dr. 248-554-0019
- Salter Community Center** 1545 E. Lincoln..... 248-246-3180
- Senior Citizen Programs** 3500 Marais 248-246-3900
- Street Lighting Outage - DTE Energy** 800-477-4747
- TDD (Hearing Impaired)**..... 248-246-3010
- Treasurer**..... 248-246-3140
- Voter Registration** 248-246-3050
- Water Bills** 248-246-3160
- Youth Assistance** 1601 N. Campbell..... 248-546-8282
- Website**..... www.romi.gov



FARMERS MARKET

Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 40 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. **For more information, please call (248) 246-3276.**

Open All Year!

Farmers & Specialty Food Vendors are at the market

- Fridays, 7:00 am - 1:00 pm, May - Thanksgiving
- Saturdays, 7:00 am - 1:00 pm, All year

Antique & Collectible Vendors are at the market

- Sundays, 8:00 am - 3:00 pm, All year

Calendar of Events at the Market:

30 Thurs **Holiday Magic Marketplace, Community Tree-Lighting & Visit with Santa (4:00 - 9:00 pm)**

December

- 9 Sat Vodka Fest (6:00 - 10:00 pm)
- 24 Sun CLOSED (Christmas Eve)
- 31 Sun Closed (New Year's Eve)

February

- 17 Sat Whiskey Fest (6:00 - 10:00 pm)

April

- 6 Sat Bourbon Fest (6:00 - 10:00 pm)

Like us on Facebook!



I'm a **RESIDENT**
& I RENT MY HOME
I'm making an impact.

MEET DAVID, a Royal Oak Public Library volunteer. He savors his Downtown lifestyle. Proximity to activities is essential for his quality of life.

RENTERS are **RESIDENTS**.



Shovel It Forward

The Royal Oak Department of Public Service is always ready to take on a snowstorm but ensuring people can move about our community safely after a snowfall requires more than plows. It takes a team effort.

This winter, the City of Royal Oak is asking all property owners – residential and commercial – to join the Shovel It Forward movement and keep our sidewalks free of snow and ice. When sidewalks are clear, we increase the safety and mobility of everyone – from those with disabilities to school kids to first responders.

5 Things You Can Do to Shovel It Forward

1. Apply the 7-10 rule. Anytime it snows between 7 a.m. and 7 p.m., pledge to clear your walks by 10 p.m. If it snows between 7 p.m. and 7 a.m., pledge to clear your walks by 10 a.m.
2. Help your elderly or disabled neighbors remove snow and ice from steps and sidewalks.
3. Shovel your entire sidewalk. Wheelchairs need at least 36 inches to pass.
4. If your property is adjacent to curb ramps or bus shelters, pledge to help keep them clear of snow and ice.
5. Know someone who wants to keep his or her sidewalk clear but just can't? Go to romi.gov/shovelitforward for a list of resources.



Automotive Hall of Fame “Achievement” Exhibit January 5-25



The Royal Oak Public Library has partnered with the Automotive Hall of Fame to bring you their “**Achievement**” exhibit, a celebration of Black leadership and innovation. The contributions African- Americans made to automotive industry have not been celebrated or even fully captured and shared, and we recognize that these are important stories that need to be told. This exhibition consists of a multi-channel experience about Black contribution to the automotive industry and the industry’s impact on Black families and communities. Achievement recognizes 19 African Americans’ success stories in the Automotive Industry from 1873 to 2022.

Make your plan to stop by the library to view the exhibit and to learn more about this rich and interesting history.

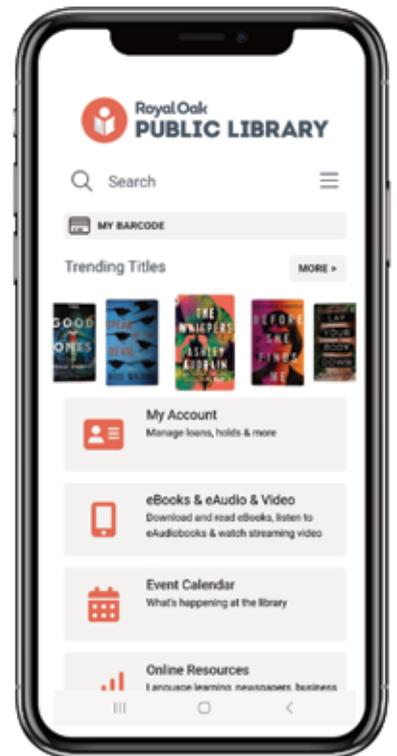
Download the Royal Oak Public Library App

Royal Oak Public Library users have expectations of their library – ease of use, modern technology, and access to everything we offer. Now you can find that with our **new Royal Oak Public Library app!** Visit the Google Play or App store and search for “Royal Oak Public Library.”

Here are the features you can enjoy:

- View your account, including checkouts and holds.
- Link your household cards together on the app, where you can view everyone’s checkouts and barcodes.
- Check your items out at our self-checks or with staff using the barcode saved in the app.
- Search the shared TLN catalog and place items on hold.
- Connect to our downloadable services, such as **Libby, hoopla, Kanopy, Comics Plus** and **Freeding**.
- Browse our event calendar.
- Connect to our online resources.
- Visit our Facebook & Instagram pages.
- Scan an ISBN barcode to see if any library in the system owns the book.
- Find TLN shared system libraries, wherever you may be!

You’ll find everything you seek from the library, all in one place. We know you’ll find the new app to be useful. We love it and hope you do, too!



Upcoming Events

We have some fantastic events scheduled this winter! From adults visiting with Therapy Dogs in December to Wizards Wands and Potions for youth in January, you will discover interesting and engaging programs for all ages. Visit our online calendar at ropl.evanced.info/signup or by visiting our website at ropl.org and clicking on “Coming Events.” We are in the process of moving to a new calendar system, which we hope to implement by early February. Watch our website for information as we get ready to make the big move!



Royal Oak PUBLIC LIBRARY

222 E 11 Mile Road • Royal Oak, MI 48067
248.246.3700 • www.ropl.org

City Of Royal Oak
203 S. Troy St., P.O. Box 64
Royal Oak, MI 48068-0064



PRSR STD
U.S. POSTAGE
PAID
Permit No. 83
Warren, MI

City Hall Office Hours
Monday-Thursday, 8:00 am - 4:30 pm
Friday, 8:00 am - 12 noon
www.romi.gov

Join us for the 24th annual
**Holiday
Magic
Marketplace**
Thursday, Nov. 30th
4pm-9pm @
RO Farmers Market

Bring the whole family!
★ over 60 local crafters and vendors
★ free cookies & hot cocoa
★ live entertainment & food trucks
★ community tree lighting at 6:30pm
★ visit from Santa (6:30pm-8pm)

A decorative illustration at the bottom of the flyer featuring three stylized Christmas trees in shades of green, brown, and tan, surrounded by numerous small gold stars.

**WE WANT
TO HEAR FROM
YOU**

A circular inset photograph showing a person swimming in a pool, with a yellow and pink zigzag line graphic overlaid on the image.

The Recreation Department is seeking swim instructors for our upcoming spring session!

Share your experience with us & programs you'd like to run at
recreationinfo@romi.gov